

Library and Knowledge Services Newsletter

Issue 17 | July / August 2023



Health Information Week is a national, multi-sector campaign promoting high quality information for patients and the public.

High quality health information can have a huge impact on people's ability to stay healthy and manage illnesses effectively, giving them a better quality of life.

The themes for 2023 are:

[Health Literacy](#), [Mental Health and Wellbeing](#), [Women's Health](#), [Social Prescribing](#), [Children's Health](#), [Cost of Living](#), and [Shared Decision Making](#)

Follow the links above for resources on each topic.

Books on some of this year's topics are available to borrow from health libraries across the Midlands.

The lists can be found here:

- [Women's Health - Menopause](#)
- [Cost of Living - Cooking on a Budget](#)
- [Cost of Living - Financial Health](#)

If you would like to borrow a book, place a reservation and the book will be posted to your local ULHT library site for collection. We post books out to work addresses for community staff.

You can borrow up to **16 books** at a time and most books can be borrowed for **6 weeks**. Loans are **automatically renewed five times** unless an item has been reserved.

You can register to take books out here: <https://www.nhslincslibrary.uk/library-membership/>



OUTSTANDING CARE
personally DELIVERED

Mimosa Boxes

There are now three **Mimosa boxes** located at all of the Library & Knowledge Services sites across ULHT.

Project Mimosa is a period dignity initiative initiated by the ULHT Women's Staff Network which allows staff members free sanitary products whilst at work.

The three boxes can be found here:

Grantham Staff Library

- In the quiet room (when you enter the library you'll see the door to the quiet room on your left hand side near the printer)

Knowledge, Learning & Resources Hub at Lincoln

- Outside the doors to the Hub on top of the book return box

Pilgrim Staff Library

- In the women's toilets near the stairs to the library



Literature Searching and Critical Appraisal training

NHS England have recently produced **online learning modules for literature searching and critical appraisal**.



<https://www.e-lfh.org.uk/programmes/literature-searching/>



<https://www.e-lfh.org.uk/programmes/critically-appraising-the-evidence-base/>

These modules are designed to help you build confidence in searching published research and to develop your skills in critical appraisal.

You will need to set up an account with **elearning for healthcare** if you don't already have one. You can do this here: <https://portal.e-lfh.org.uk/Register>

Health Literacy resources

Did you know that 43% of adults aged 16-65 struggle with text-based health information and that increases to 61% if the information also includes numbers?

The World Health Organisation defines health literacy as “...*the personal characteristics and social resources needed for individuals and communities to access, understand, appraise and use information and services to make decisions about health.*”

If you would like to know more, and learn how you can help people understand health information better, take this [35 minute e-learning course](#).

The University of Southampton have developed an online [health literacy geodata tool](#). By simply putting in your local authority you can see your local health literacy data.

The 2023 second edition of the **Health Literacy Toolkit** was published this week and opens with a general introduction to health literacy and digital health literacy. The main focus of the document is a review of tools and techniques that are freely available. The [full toolkit can be downloaded here](#).



Monthly dashboard

| | |
|--|--|
| Article Requests In May and June we provided access to 1701 articles. | Literature Searches In May and June we completed 61 searches. |
|--|--|

Contact details

| | | |
|-------------------------------|-------------------------------------|--|
| Ashok Kumar | Asst. Director of Medical Education | ashok.kumar@ulh.nhs.uk |
| Catherine Jones | Library Operations Manager | catherine.jones@ulh.nhs.uk |
| Sinead Stringwell | Clinical Librarian | sinead.stringwell@ulh.nhs.uk |
| Laila Chaloner-Tiainen | Library and Information Specialist | laila.chaloner-tiainen@ulh.nhs.uk |
| Lesley Firth | Library and Information Specialist | lesley.firth@ulh.nhs.uk |
| Liz Carr | Library and Information Advisor | library.pilgrim@ulh.nhs.uk |
| David Christian | Library and Information Advisor | library.grantham@ulh.nhs.uk |
| Jackie Goode | Library and Information Advisor | library.grantham@ulh.nhs.uk |
| Katie Smith | Library and Information Advisor | library.lincoln@ulh.nhs.uk |