



PRIDE+ Staff Network Bulletin

July-September 2022

News

[Government ignored evidence on trans women's needs when drafting landmark health strategy](#)

Pink News, 4th August 2022

The government's first-ever Women's Health Strategy consciously excluded trans women, despite receiving evidence of risks related to cancer care, physical, mental and sexual health services. Trans women were not mentioned once in the 125-page Women's Health Strategy, although trans men and non-binary folk were mentioned in one paragraph.

Guidelines, Policies and Reports

[Health and Care LGBTQ+ Inclusion Framework](#)

NHS Confederation, 2022

A practical framework enabling health and care leaders to create inclusive environments for LGBTQ+ staff and service users. Recent NHS Staff Survey data shows that the LGBTQ+ workforce remains at heightened risk of physical violence from patients, and bullying, harassment or abuse from colleagues.

[Trans people's experience of healthcare in England](#)

TRANSforming Futures Partnership, 2022

A new report by the TRANSforming Futures partnership highlights the issues trans people face when accessing healthcare. Research participants said they found it difficult to access information about trans healthcare and got most of their information online from trans forums or informally from friends. This means trans people often rely on people with no medical training for important medical information and some are cut off from knowledge completely. Trans fertility, pregnancy and parenthood were highlighted as areas where there is particularly poor information and understanding.

Research briefings

The Mental Elf

[Can brief social contact videos reduce transphobia and increase treatment-seeking among adolescents?](#)

Talen Wright critically reviews a randomised controlled trial evaluating the effectiveness of brief social contact video on transphobia and depression-related stigma among adolescents.



The Mental Elf

[Minority stress and suicide in transgender and gender non-conforming individuals](#)

Minority stress refers to the unique psychosocial stressors (such as stigma, discrimination, health and economic disparities) which can impact the mental health of a given minority group. These stressors can vary between minority groups but can be considered to be significant risk factors for other mental health issues such as anxiety and depression, and suicidal ideation or behaviours. The transgender population is noted to be at higher risk of homelessness, unemployment, physical and sexual abuse, and discrimination in accessing healthcare than the general population.

Published research

Caring for older LGBT+ people

British Journal of Community Nursing, 2022

Article available via [journal article request](#)

Pride month is a celebration of LGBT+ (lesbian, gay, bisexual and trans) life and has many different aspects to it. Yet, the stereotype of LGBT+ people as being mostly a young demographic still persists. There is estimated to be 1.2 million older lesbian and gay people in the UK and between 300 000—500 000 older trans people. It is the responsibility of nurses and all members of the healthcare community to meet the needs of LGBT+ patients.

[Achieving the Triple Aim for Sexual and Gender Minorities](#)

New England Journal of Medicine, 2022 387 (4) 294-297

As policymakers continue to target SGM people, the health care sector can play a critical role in mitigating resulting harm and advocating for evidence-based policies protecting health and well-being. We believe the Triple Aim framework – which consists of enhancing patients’ care experiences, improving population health, and reducing per capita costs of care — can help identify existing challenges and next steps for promoting SGM health.

Blogs / Commentary / Editorials / Opinion Pieces

[Acting on the evidence: ensuring the NHS meets the needs of trans people](#)

The King’s Fund, 26th September 2022

The public discussion of trans people’s rights in the UK is often bad-tempered, sometimes extremely so. The failure to improve rights for trans people in recent years has contributed to the UK falling to 14th in the European rankings on LGBTI rights (it was top as recently as 2015). For many in the NHS this wider societal discourse may seem like ‘somebody else’s business’, a thought possibly reinforced by the fear of getting caught up in such an aggressive space.

[Identifying and actioning the needs of your LGBTQ+ staff](#)

NHS Confederation, 12th July 2022

Details on using the NHS Staff Survey data to better understand the experiences of your LGBTQ+ people. National data indicates that staff who identify as LGBTQ+ have a more negative work experience than their colleagues.



[Improving cancer care and inclusivity for the LGBTQ+ community](#)

Macmillan, 8th July 2022

The ASCO conference, which takes place during Pride Month in Chicago, this year highlighted the challenges faced by the LGBTQ+ community in accessing culturally competent cancer care. Dr Richard Simcock reflects on why healthcare must be inclusive to ensure equity for all patients.

[Supporting non-binary and transgender staff: four key steps for employers](#)

Personnel Today, 10th August 2022

Non-binary and transgender employees often experience a range of problems in the workplace, including difficulty in gaining and retaining employment, discrimination and harassment, a lack of awareness about gender identity, prejudice and an absence of effective confidentiality procedures. What steps can HR take to ensure that they feel supported at work and are able to be themselves?

Books / Audiobooks

A selection of newly published books from the LGBTQ+ community. (Please note these are not held by the Library Service but are available from the usual book retailers).

The Women's House of Detention: A Queer History of a Forgotten Prison by Hugh Ryan

A historian explores the roots of queer and trans incarceration, connecting misogyny, racism, state-sanctioned sexual violence, colonialism, sex work, and the failures of prison reform. A close look at a building intricately tied to the history of Greenwich Village and Stonewall.

Great LGBTQ+ Speeches: Empowering Voices That Engage And Inspire by Tea Uglow

From pioneering nineteenth-century voices to present day trans rights allyship, this essential volume of influential and inspiring LGBTQ+ speeches ranges across topics as diverse as the AIDS epidemic, equal marriage and more.

This Arab Is Queer: An Anthology by LGBTQ+ Arab Writers edited by Elias Jahshan

This ground-breaking anthology features the compelling and courageous memoirs of eighteen queer Arab writers - some internationally bestselling, others using pseudonyms. Here, we find heart-warming connections and moments of celebration alongside essays exploring the challenges of being LGBTQ+ and Arab.



Library and Knowledge Services

Library Services

Would you like to keep up to date with the latest evidence on topics of your choice? Sign up for a current awareness alert: <https://www.nhslincslibrary.uk/knowledgeshare-request/>

Can't find the information you need? We can do literature searches for you:
<https://www.nhslincslibrary.uk/search-request/>

We can provide training on how to search healthcare databases and resources as well as showing you how to appraise the information that you find:
<https://www.nhslincslibrary.uk/training/>

Online Resources

BMJ Best Practice is a clinical decision support tool that provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions:
<https://bestpractice.bmj.com/oafed>

ClinicalKey is a database which supports healthcare professionals by providing access to the latest evidence across specialties: <https://www.clinicalkey.com/>