



PRIDE+ Staff Network Bulletin

January-March 2023

News

[Ambulance crew refused to work with lesbian paramedic after she was forcibly outed](#)

Manchester Evening News, 25th February 2023

A former paramedic said her colleagues would not get in the back of an ambulance with her after her sexuality was 'outed'. A male colleague previously told fellow workers that she was a lesbian, despite trying to keep her relationship with another female colleague a secret.

Guidelines, Policies and Reports

[2021 census: What do we know about the LGBT+ population?](#)

House of Commons Library, 16th January 2023

Historically, there has been limited official data about people who are LGBT+ in the UK. The most recent censuses in England and Wales, Northern Ireland and Scotland collected data on this topic for the first time. In the Wharf & University area of Lincoln, more than 13% of respondents identified as LGBT+, with 8% identifying as bisexual – the 5th highest in the country.

[Pride in the UK: From its roots to today](#)

House of Lords Library, 10th February 2023

On 1 July 1972 the UK's first Pride march was held in London. This date was chosen as the nearest Saturday to the anniversary of the riots, or uprising, at the Stonewall Inn in 1969. Pride marches have since become annual events throughout the UK and around the world. This LGBT+ history month, this article explores 50 years of Pride.

[I Just Want To Be Me](#)

Hospice UK, 20th February 2023

This report, based on first-hand research with the trans and gender-diverse community and those working in end-of-life care, explores the barriers faced by trans and gender-diverse people when accessing end-of-life, hospice and palliative care, and sets out recommendations for how to tackle them.

[Research Report - Violence, abuse, neglect and exploitation of LGBTQA+ people with disability](#)

La Trobe University, 28th November 2022

LGBTQA+ people with disability reported substantially greater challenges and poorer outcomes than LGBTQA+ people without disability, including experiences of violence, abuse and neglect. Abuse was also reported in relation to service systems, in intimate relationships and families.



Published research

[Communication about sexual orientation and gender between clinicians, LGBT+ people facing serious illness and their significant others: a qualitative interview study of experiences, preferences and recommendations](#)

BMJ Quality and Safety, February 2023

LGBT+ people continue to experience and anticipate discrimination in health and social care. Skilled communication is vital for quality person-centred care, but there is inconsistent provision of evidence-based clinician education on health needs and experiences of LGBT+ people. This study aimed to identify experiences, preferences and best practices for communication regarding sexual orientation, gender identity and gender history in order to reduce inequalities in healthcare.

[The Inclusion of LGBTQ+ Health across the Lifespan in Pre-Registration Nursing Programmes: Qualitative Findings from a Mixed-Methods Study](#)

Healthcare, 9th January 2023

Poor physical and mental ill-health is experienced by many LGBTQ+ people, compounded by a reluctance to access healthcare. This reluctance is attributed to experiences of heteronormative assumptions and negative attitudes. Despite increasing recognition of the need to include LGBTQ+ health in undergraduate healthcare programmes, inconsistencies and gaps are still apparent.

[The views and experiences of midwifery academics regarding LGBTQ+ health education in pre-registration programmes in the United Kingdom and Ireland: Qualitative findings from a mixed-methods study](#)

Nurse Education in Practice, February 2023

The findings provide insights into the challenges of meeting the education needs of midwifery students, with an opportunity to develop and implement a curriculum that is reflective of the needs and concerns of LGBTQ+ people

Blogs / Commentary / Editorials / Opinion Pieces

[Building a more supportive environment for LGBTQ+ staff](#)

IT Pro, 5th January 2023

According to Tech Nation, just 19% of the workforce is currently female, and data relating to LGBTQ+ employees is much harder to come by – suggesting a lack of attention. There are several measures all organisations can take to make their workplace more inclusive of LGBTQ+ staff. Should they succeed, it can lead to a host of meaningful benefits.

[How to test if your organisation has homophobic/transphobic attitudes](#)

The HR Director, 19th February 2023

With 1 in 8 LGBTQ+ people revealing they don't feel confident reporting homophobia in the workplace, Joanne Lockwood argues how to test for, identify and uncover these often hidden prejudices in the workplace and how to action change.



[LGBTQ people are more likely to experience imposter syndrome at work – here's how to manage it](#)

Pink News, 15th February 2023

Many people feel like they're not good enough at work, and those in the LGBTQ+ community could feel this more. Imposter syndrome involves feelings of self-doubt and failure that overtake work achievements. These feelings are one of the workplace's most common mental health issues.

[LGBTQ+ staff and patients deserve better from the NHS](#)

The King's Fund, 15th February 2023

More than a quarter of lesbian, gay, bisexual and queer NHS staff and three in five trans staff considered their work experiences serious enough to amount to unlawful discrimination, abuse or harassment.

[Meeting the health and social care needs of LGBT+ people](#)

Nursing Standard, 3rd January 2023 [Available via [OpenAthens login](#) or email library.lincoln@ulh.nhs.uk]

Rapid shifts in understanding and acceptance of variations in sexual orientation and gender identity have occurred in recent decades, and UK health providers have a legal obligation to address EDI. However, LGBT+ people continue to report inadequate health outcomes and suboptimal experiences of care. This article encourages nurses to consider what steps they can take to improve care.

[Monitoring patients' sexual orientation and gender identity: Can we ask? Should we ask? How do we ask?](#)

BMJ Quality and Safety, February 2023

There is a growing body of research which evidences that LGBT+ people experience significant health inequalities. At a broad level, monitoring sexual orientation and gender identity is known to be important. However, to date, such monitoring is not consistent.

Books / Audiobooks

A selection of newly published books from the LGBTQ+ community. (Please note these are not held by the Library Service but are available from the usual book retailers).

Dismantling Everyday Discrimination: Microaggressions Toward LGBTQ People - Perspectives on Sexual Orientation and Gender Diversity (2nd ed.) by Kevin Leo Yabut Nadal

This book highlights the microaggressions that LGBTQ people face on an everyday basis and examines the impacts that such experiences have on mental health.

Grandmother's Closet by Luke Hereford

An autobiographical musical adventure that promises mischief and mashups, dresses and divas, and a whole lot of heart. Growing up in a close-knit south Wales community, Luke Hereford relied on his Nan as a personal cheerleader to guide him through his queer childhood.

My Child Told Me They're Trans...What Do I Do?: A Q&A Guide for Parents of Trans Children

Sharing their experiences of how they navigated their child's transition to raise a happy and healthy child, the parents in this book will give you the tools you need to support your trans child to thrive, while the experts provide a research-based perspective on supporting trans youth.



Library Services

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Can't find the information you need? We can do literature searches for you:
<https://www.nhslincslibrary.uk/search-request/>

We can provide training on how to search healthcare databases and resources as well as showing you how to appraise the information that you find:
<https://www.nhslincslibrary.uk/training/>

Online Resources

BMJ Best Practice is a clinical decision support tool that provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions:
<https://bestpractice.bmj.com/oafed>

ClinicalKey is a database which supports healthcare professionals by providing access to the latest evidence across specialties: <https://www.clinicalkey.com/>