



# Black, Asian and Minority Ethnic (BAME) Patients and Healthcare Current Awareness Bulletin October 2022

## News

### BMJ

#### [Most black people in UK face discrimination from healthcare staff, survey finds](#)

Most black people living in the UK have experienced prejudice from healthcare professionals because of their ethnicity, with younger people feeling especially discriminated against, a survey has revealed. Almost two thirds (65%) of black people who responded to a survey said that they had experienced prejudice from doctors and other staff in healthcare settings. This rose to three quarters (75%) among black people aged 18 to 34. The report was commissioned by the [Black Equity Organisation](#), a national civil rights organisation launched earlier this year to tackle systemic racism in the UK.

### Royal Marsden Cancer Charity

#### [First softies in range of skin tones for breast cancer patients](#)

Thanks to funding from The Royal Marsden Cancer Charity, The Royal Marsden have launched the UK's first softies to be available in a variety of skin tones.

## Guidelines, Policies and Reports

### Centre for Mental Health

#### [A coproduced approach to tracking young Black men's experiences of community wellbeing and mental health programmes](#)

Young Black men are less likely to access community-based mental health support, but are overrepresented in restrictive mental health settings. Yet there are few culturally relevant tools focusing on young Black men's mental health outcomes. Using approaches that lack cultural sensitivity limit services' ability to know whether they are working well, and can lead to mistrust and disengagement. Funded by Mind, Centre for Mental Health has designed a new, culturally informed approach to monitoring young Black men's outcomes for accessing wellbeing support. It was coproduced with young Black men to identify what impact a service has on their mental health and wellbeing. We are calling on community wellbeing and mental health programmes to pilot the tool, to help us determine its effectiveness.



## **NHS Race & Health Observatory**

### [New review to examine health inequalities in Jewish communities](#)

Low immunisations, high Covid-19 rates and increased breast cancer risks – some of several health inequalities disproportionately found amongst Jewish communities in England – are set to be explored in new review commissioned by the NHS Race and Health Observatory.

## **Research briefings**

### **The Mental Elf**

#### ["I feel inferior and ashamed": the stigma of psychosis in ethnic minority groups](#)

Alejandro Arguelles Bullon summarises a qualitative study looking at stigma and psychosis experienced by people from ethnic minorities.

#### [Overcoming the stigma: uncovering the experiences of suicide bereavement among ethnic minorities](#)

Andie Ashdown summarises a qualitative study exploring ethnic minority groups' experiences of suicide bereavement.

## **Published research**

### **Assessing signs of torture: A review of clinical forensic dermatology**

**Journal of the American Academy of Dermatology, 2022, 87(2), p. 375-380.**

Available via [journal article request](#)

It is important for dermatologists and other physicians in refugee-receiving countries to acquire knowledge of forensic dermatology to identify lesions from torture. Objective: Review forensic dermatology in cases of torture.

### [Experiences of children and young people from ethnic minorities in accessing mental health care and support: rapid scoping review](#)

**Health Services and Delivery Research, 2022, 10(22)**

This review found and summarised 22 diverse qualitative studies suggesting a range of factors that influence care-seeking and access to mental health care by these groups in the UK.

### **Increasing mental health service utilization in Black populations during COVID-19: Clarifying clinician responsibility**

**Practice Innovations, 2022, 7(3), p. 188–202.**

Available via [journal article request](#)

The study identifies multiple strategies psychologists can employ to increase mental health utilization among Black populations, including understanding historical cultural mistrust, enhancing the pipeline of Black clinicians, and integrating cultural adaptations into therapy. The importance of prioritizing self-care is demonstrated through findings in the literature as well as data from a predominantly Black independent practice in order to maximize client engagement.



[Prevalence of common mental disorders and treatment receipt for people from ethnic minority backgrounds. in England: Repeated cross-sectional surveys of the general population in 2007 and 2014.](#)

**British Journal of Psychiatry, 2022, 221(3), p. 520-527.**

Concerns persist that some ethnic minority groups experience longstanding mental health inequalities in England. It is unclear if these have changed over time. Aims: To assess the prevalence of common mental disorders (CMDs) and treatment receipt by ethnicity, and changes over time, using data from the nationally representative probability sample in the Adult Psychiatric Morbidity Surveys.

[Race, ethnicity, and gender representation in clinical case vignettes: a 20-year comparison between two institutions](#)

**BMC Medical Education, 2022, 22(1), p. 585.**

The medical case vignette has long been used in medical student education and frequently includes demographic variables such as race, ethnicity and gender. However, inclusion of demographic variables without context may reinforce assumptions and biases. Yet, the absence of race, sexual orientation, and social determinants of health may reinforce a hidden curriculum that reflects cultural blindness.

[Racial bias and reproducibility in pulse oximetry among medical and surgical inpatients in general care in the Veterans Health Administration 2013-19: multicenter, retrospective cohort study](#)

**BMJ, 2022; 378**

In general care inpatient settings across the Veterans Health Administration where paired readings of arterial blood gas (SaO<sub>2</sub>) and pulse oximetry (SpO<sub>2</sub>) were obtained, black patients had higher odds than white patients of having occult hypoxemia noted on arterial blood gas but not detected by pulse oximetry. This difference could limit access to supplemental oxygen and other more intensive support and treatments for black patients.

[Self and suffering in Indian thought: implications for clinicians](#)

**BJPsych Advances, 2022, 28(5), p. 286-296.**

After reading this article you will be able to: demonstrate knowledge about the basic belief system of four main Indian religions – Hinduism, Buddhism, Jainism and Sikhism; understand the concepts of mind, self and suffering in these religions and how these may be reflected in phenomenology and patient assessment; sensitively and appropriately explore spirituality in the therapeutic relationship with patients of these faiths.

**The experience of meaning and value in occupations for forced migrants seeking asylum, and factors that facilitate occupational engagement: A meta-ethnography using a strength-based approach**

**British Journal of Occupational Therapy, 2022, 85(10), p. 747-760.**

Available via [journal article request](#)

Asylum-seekers face significant barriers to meaningful occupation, leading to negative health and wellbeing outcomes. This study provides a strength-based approach to enhance understandings about the meaning of occupation for those seeking asylum.



**Blogs / Commentary / Editorials / Opinion Pieces**

**How to identify diseases and rashes on darker skin: Advice on how to ensure your nursing assessments include black and brown skin tones**

**Nursing Children and Young People, 2022, 34(2), pp. 12**

**Available via [journal article request](#)**

Abstract: Diagnosis of many skin conditions relies heavily on recognising characteristic visual features, which can differ depending on skin tone. But until recently, most medical textbooks and online resources only depicted presentation on light skin.



## Library and Knowledge Services

### Library Services

Would you like to keep up to date with the latest evidence on topics of your choice? Sign up for a current awareness alert: <https://www.nhslinclslibrary.uk/knowledgeshare-request/>

Can't find the information you need? We can do literature searches for you:  
<https://www.nhslinclslibrary.uk/search-request/>

We can provide training on how to search healthcare databases and resources as well as showing you how to appraise the information that you find: <https://www.nhslinclslibrary.uk/training/>

### Online Resources

**BMJ Best Practice** is a clinical decision support tool that provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions:  
<https://bestpractice.bmj.com/oafed>

**ClinicalKey** is a database which supports healthcare professionals by providing access to the latest evidence across specialties: <https://www.clinicalkey.com/>