



PRIDE+ Staff Network Bulletin

August-September 2023

Guidelines, Policies and Reports

[Fit For Purpose: inclusive housing and social care for older LGBTQ+ people](#)

LGBT Health and Wellbeing, September 2023

New research about the housing and social care needs of LGBTQ+ people as they age.

[Leading for all: supporting trans and non-binary healthcare staff](#) (Version 2.0 September 2023)

NHS Confederation, September 2023

This version incorporates updates following further research and legal review, featuring updates to 'What the law says', 'Inclusive facilities', 'Balancing views', 'Adapting the electronic staff record', 'Policies for staff inclusion' and 'Terminology'.

[New study finds decline in UK trans acceptance: 'A shift that benefits no one'](#)

Pink News and National Centre for Social Research, September 2023

A study has revealed that Britain's attitudes towards trans people have become less tolerant, an outcome LGBTQ+ campaigners have blamed on a "manufactured moral panic". The proportion who characterise themselves as "not at all prejudiced" against people who are transgender has fallen from 82% to 64% since 2019. See the NatCen press release [here](#).

[Transgender and non-binary EDI in the workplace](#)

CIPD, September 2023

This guide will help people professionals, employers and people managers take a proactive and informed approach to supporting transgender and non-binary people at work, as part of a broader EDI policy. With insights from people with lived experience, it will help employers understand the issues and challenges facing transgender and non-binary people at work.

[Treatment of LGBT+ people and their spouses in social care settings](#)

House of Commons Library, September 2023

For a number of reasons, LGBT+ people may "not have the expansive family networks of support as they enter old age when compared to people who do not identify as LGBT+". However, research suggests LGBT+ people report worse experiences of social care.

Research briefings

[Sexual minorities, suicide and self-harm: new research in England deepens our understanding](#)

The Mental Elf, September 2023

Systematic reviews have identified gaps in the literature regarding our knowledge of sexual minorities in the UK, suicidality, and self-harm. This study set out to overcome weaknesses of previous literature in this area with the aim of describing the proportion, characteristics, and associations between sexual orientation groups in the UK and self-harm and suicidality.



Published research

[\(In\)visibility of LGBTQIA+ people and relationships in healthcare: A scoping review](#) [email library.lincoln@ulh.nhs.uk for a copy of this article]

Patient Education and Counseling, September 2023

This review aimed to identify and map research into the visibility of LGBTQIA+ people and their relationships in healthcare. Despite growing societal acceptance, microaggressions still exist within healthcare. Groups within LGBTQIA+ communities have varying levels of visibility in research and healthcare based on the studies included.

[Stress and Resilience among Sexual and Gender Diverse Caregivers](#) [email library.lincoln@ulh.nhs.uk for a copy of this article]

Research on Aging, August 2023

Little is known about caregiving outcomes of sexual and gender diverse, including LGBT, caregivers. We utilized data from Aging with Pride: National Health, Aging, and Sexuality/Gender Study (NHAS), to examine perceived stress among a sample of 754 sexual and gender diverse caregivers using regressions on background and caregiving characteristics and risk and protective factors.

[Supporting gender-diverse young people: the role of the nurse](#) [email library.lincoln@ulh.nhs.uk for a copy of this article]

Nursing Standard, August 2023

Gender-diverse individuals will need to access healthcare services for various reasons, with most care provided outside of specialist services. Nurses have an important role in advocating for needs of gender-diverse individuals and providing person-centred care. Therefore, they have a responsibility to ensure their knowledge of appropriate terminology and gender-affirming interventions is up to date. This article provides information about gender diversity to enhance nurses' understanding of this area to enable them to care for gender-diverse people effectively and sensitively.

[Bisexual People Experience Worse Health Outcomes in England: Evidence from a Cross-Sectional Survey in Primary Care](#)

The Journal of Sex Research, July 2023

Persistent inequalities in relation to health outcomes continue to exist among patients identifying as lesbian, gay, and bisexual (LGB), and very little is known about outcomes specific to bisexual populations. This study's aim was to compare the health of individuals identifying as LGB with heterosexual counterparts within primary care in England.

[Staff competence in caring for LGBTQ+ patients in the paediatric emergency department](#)

Archives of Disease in Childhood, June 2023

This study aimed to assess the competency of paediatric emergency department (PED) multidisciplinary staff in caring for LGBTQ+ (lesbian, gay, bisexual, transgender, queer/questioning, + inclusive of all identities) adolescents.



Blogs / Commentary / Editorials / Opinion Pieces

[Conversion therapy: change the law not the person](#)

Archives of Disease in Childhood, July 2023

The LGBT population is already known to have inferior psychological health outcomes compared with their heterosexual cis-gendered peers. An intervention lacking in evidence which cultivates negativity and dissatisfaction with one's self-identification further fuels these health inequalities and it is of no surprise that research has shown that individuals experiencing conversion therapy were twice as likely to undergo suicide attempts. The transgender community are among the most vulnerable with increased mental health struggles and suicide attempts; any changes in health policy or legislative changes must act to reduce these inequalities.

[Rise in Anti-Trans Legislation Negatively Impacts LGBTQ+ Employees' Mental Health, Confirms Study myGwork, September 2023](#)

The survey, which explored the experiences of queer and gender-expansive employees and what they need from their employers, revealed that 84% of LGBTQ+ employees feel that the rise in anti-trans legislation is negatively impacting their mental health.

Books / Audiobooks

A selection of newly published books from the LGBTQ+ community. (Please note these are not held by the Library Service but are available from the usual book retailers).

Pageboy by Elliot Page [Available from Lincoln Knowledge Learning and Resources Hub general library]

The acclaimed actor and noted trans activist reflects on gender, mental health, Hollywood and much more in this thoughtful, passionate memoir.

P.S. Burn This Letter Please: The fabulous and fraught birth of modern drag, in the queens' own words by Craig Olsen

In 1950s New York, a group of drag pioneers found work in a small number of Lower East Side clubs. These girls were unstoppable, fearless and fabulous, but their very existence was deemed a criminal threat to society. When a secret cache of their letters was discovered in 2014, these individuals were given a voice for the first time.

Small Joys by Elvin James Mensah

Harley is a young queer Black man struggling to find his way in mid-noughties Britain. Returning home having just dropped out of an undergraduate course in music journalism, he is wracked by feelings of failure. Standing in the local woods, on the verge of doing something drastic, his hand is stayed by a stranger: a tall husky guy who emerges from the bushes holding a pair of binoculars.



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Online Resources

BMJ Best Practice is a clinical decision support tool that provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions:
<https://bestpractice.bmj.com/oafed>

ClinicalKey is a database which supports healthcare professionals by providing access to the latest evidence across specialties: <https://www.clinicalkey.com/>