



Long Covid Current Awareness Bulletin

September 2022

Guidelines, Policies and Reports

Multi-Disciplinary Collaborative Consensus Guidance Statement on the Assessment and Treatment of Post-Acute Sequelae of SARS-CoV-2 Infection (PASC) in Children and Adolescents

American Academy of Physical Medicine and Rehabilitation, September 2022

Available at: [Wiley](#)

Working with physicians from multiple specialties, the American Academy of Physical Medicine and Rehabilitation (AAPM&R) has issued the first set of guidelines related to the diagnosis and treatment of pediatric patients with long COVID.

Multi-Disciplinary Collaborative Consensus Guidance Statement on the Assessment and Treatment of Autonomic Dysfunction in Patients with Post-Acute Sequelae of SARS-CoV-2 Infection (PASC)

American Academy of Physical Medicine and Rehabilitation, September 2022

Available at: [Wiley](#)

AAPM&R guidance for individuals with long COVID who are experiencing autonomic dysfunction.

Published research

Long covid and medical gaslighting: Dismissal, delayed diagnosis, and deferred treatment SSM Qualitative Research in Health, September 2022

Available at: [NCBI](#)

Early Long COVID patients had to contend with medical professionals who lacked awareness of the potential for extended complications from Covid-19. Long Covid patients have responded by labelling their contentious interactions with medical professionals, organizations, and the broader medical system as “gaslighting.”

Associations of Depression, Anxiety, Worry, Perceived Stress, and Loneliness Prior to Infection With Risk of Post-COVID-19 Conditions

JAMA Psychiatry, September 2022

Available at: [JAMA Network](#)

The findings of this study suggest that preinfection psychological distress may be a risk factor for post-COVID-19 conditions in individuals with COVID infection. Future work should examine the biobehavioral mechanism linking psychological distress with persistent postinfection symptoms.



**Characteristics of Long-COVID care centers in Italy. A national survey of 124 clinical sites
Frontiers in Public Health, August 2022**

Available at: [NCBI](#)

There is minimal information available on the organizational response of health services to Long COVID. A national online survey of centres providing assistance for Long COVID was implemented. Information collected included date of start of activity, target population, mode of assistance and of referral, type and number of specialists available, diagnostic and instrumental tests, use of telemedicine and of specific questionnaires.

Return-to-Work Following Occupational Rehabilitation for Long COVID: Descriptive Cohort Study

JMIR Rehabilitation and Assistive Technologies, September 2022

Available at: [JMIR Publications](#)

Workers undergoing LC rehabilitation reported significant but modest improvements on a variety of PROMs, but only 53% returned to work. Outcomes would likely improve with increased availability of modified duties and timelier rehabilitation.

Predictors of Long COVID in Patients without Comorbidities: Data from the Polish Long-COVID Cardiovascular (PoLoCOV-CVD) Study

Journal of Clinical Medicine, August 2022

Available at: [NCBI](#)

Little is known about the risk of Long COVID in patients without comorbidities. This study shows a severe course of COVID-19, BMI, and arthralgia are independently associated with the risk of Long COVID in healthy individuals.

Blogs

430,000 Britons have long Covid two years after infection, says ONS

The Guardian, September 2022

Available at: [The Guardian](#)

An estimated 430,000 Britons were still suffering from long Covid two years after first contracting the virus, according to data released by the Office for National Statistics. One in every 32 people in the UK was estimated to have some form of long Covid at the end of July.

Facing up to long Covid

The King's Fund, September 2022

Available at: [The King's Fund](#)

Long Covid is politically problematic, medically uncertain, and personally scary. It is too easy to look away. In media narratives this summer the Covid-19 pandemic was eclipsed by the cost of living and climate crises. But in practice these crises co-exist and interact. Long Covid makes heatwaves and price hikes a whole lot harder to bear.



Long COVID but short on treatment options

Pharmaphorium, August 2022

Available at: [Pharmaphorium](#)

With COVID-19 vaccines and therapeutics developed in rapid time, Ben Hargreaves investigates why this has not been the case with the creation of a treatment for Long COVID. The condition is more common than might be thought and presents a significant burden to patients, and yet the pipeline of potential therapies remains relatively sparse.

Miscellaneous

Exercise and breathing in rehabilitating long COVID

Practice Nursing, September 2022

Available via: [Article request form](#) [Practice Nursing, 1 September 2022]

Many people with long COVID are still struggling with symptoms. Aysha Mendes looks at the research into rehabilitation.

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<https://www.nhslincslibrary.uk/page/search-request/>

We can provide training on how to search healthcare databases and resources as well as showing you how to appraise the information that you find:
<https://www.nhslincslibrary.uk/page/training/>

Online Resources

BMJ Best Practice is a clinical decision support tool that provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions:
<https://bestpractice.bmj.com/oafed>

ClinicalKey is a database which supports healthcare professionals by providing access to the latest evidence across specialties: <https://www.clinicalkey.com/>