

Earth Day 2022

Resources compiled by ULHT Library & Knowledge Services

Earth Day is held every 22nd of April, aiming to drive positive action to fight climate change and protect our planet. The theme for Earth Day 2022 is 'Invest in our Planet'.

For more information see: [Earth Day: The Official Site | EARTHDAY.ORG](https://www.earthday.org/)

Guidelines, Policies and Reports

NHS Providers

[Climate change is a public health emergency](#) (2021)

NHS Providers briefing and recommendations.

NHS England

[Delivering a 'Net Zero' National Health Service](#) (2020)

Greener NHS report including recommendations for estates, transport, supply chain, medicines, digital, workforce, leadership, finance and more.

Royal College of Physicians

[Every breath we take: the lifelong impact of air pollution](#) (2016)

This report from the RCP and the RCPCH examines the impact of exposure to air pollution across the course of a lifetime. There are 40,000 air pollution deaths a year in the UK, costing £20 billion.

Royal College of Physicians

[Less waste, more health: A health professional's guide to reducing waste](#) (2018)

The *Less waste, more health* report explains how health professionals can positively influence societal health and wellbeing by making simple changes to the procurement and disposal of medical supplies.



Books

eBooks

27 [sustainability eBooks](#) have been added to our catalogue, available to ULHT, LCHS and LPFT staff. Access is through an OpenAthens account.

Books

Please note these are not held by the Library but are available from the usual book retailers

How Bad Are Bananas?: The carbon footprint of everything by Mike Berners-Lee

From a text message to a war, from a Valentine's rose to a flight or even owning a dog, *How Bad are Bananas?* gives us the answers we need to make carbon-savvy choices in our everyday lives.

No One Is Too Small to Make a Difference by Greta Thunberg

The history-making, ground-breaking speeches of Greta Thunberg, the young activist who has become the voice of a generation.

Designing for Sustainability: A Guide to Building Greener Digital Products and Services by Tim Frick

With this practical guide, a web design team can learn how to apply sustainability principles for creating speedy, user-friendly, and energy-efficient digital products and services.

Sustainable Energy - without the hot air by David JC MacKay

Addressing the sustainable energy crisis in an objective manner, this enlightening book analyzes the relevant numbers and organizes a plan for change on both a personal level and an international scale.

Fashionopolis: The Price of Fast Fashion and the Future of Clothes by Dana Thomas

Fashionopolis is the definitive book on the cost of fast fashion, and a blueprint for how we get to a more sustainable future.

Podcasts

The Commonwealth Fund

[Getting to Net Zero: One Health System Fights Climate Change](#)

Nick Watts, the NHS's chief sustainability officer, talks about how the health service is meeting carbon goals. A low-carbon health care system, he says, is actually just a good health care system.

Videos

NHS England and NHS Improvement

[Discover how the NHS is becoming greener](#)

Opinion Pieces / Blog Posts

NHS Providers

[Achieving net carbon zero is a moral imperative for our trust](#)

Milton Keynes University Hospital NHS Foundation Trust have saved £28,000 in energy bills in less than three months with solar panels, improved patient food and reduced food waste, and improved the temperature in the hospital with better insulation.

The Health Foundation

[Sustainable improvement: growing a greener NHS](#)

Here we look at some of the improvement work that can contribute to achieving NHS net zero, and how local NHS institutions can contribute to sustainability in the places they serve.

Miscellaneous

NHS Digital

[Sustainable healthcare technology](#)

How to make healthcare IT more sustainable, including links to ICT Footprint, BT's approach to digital impact and sustainability, and the Green ICT Workbook.

Care without Carbon

[Care without Carbon website](#)

Care Without Carbon is a simple framework for delivering sustainable healthcare. The website has tips for individuals to reduce their carbon footprint.

NHS England

[Greener NHS](#)

The Greener NHS website with case studies, news, and an option to subscribe to the monthly Greener NHS Bulletin.