



Falls and Frailty bulletin

March 2025

The aim of this current awareness bulletin is to provide a digest of recent articles on Falls and Frailty

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Articles

Frailty, multimorbidity and polypharmacy

Montandon S et al
Medicine 53 (3) 154-160

Associated factors of frailty among community-dwelling older adults with multimorbidity from a health ecological perspective: a cross-sectional study

Che Y et al
BMC Geriatrics 25 (1) 172

Associations between sleep duration and quality and physical frailty in community-dwelling older adults: a cross-sectional study

Wang L et al
Scientific Reports 15 (1) 8697

Orthopedic frailty risk stratification (OFRS): a systematic review of the frailty indices predicting adverse outcomes in orthopaedics

Gupta N et al
Journal of Orthopedic Surgery and Research 20 (1) 247

The prevalence and related factors of social frailty in older adults: a low- and middle-income country perspective

Cataltepe E et al
Australasian Journal of Ageing 44 (1) e13409

Knowledge, attitude and practice of frailty management among clinical nurses: a cross-sectional study

Huang X et al
BMC Geriatrics 25 (1) 174



FRAILSURVEY-an mHealth app for self-assessment of frailty based on the Portuguese version of the Groningen Frailty Indicator: validation and reliability study

Midao L et al

JMIR Formative Research 9 (Mar) e51975

Physical frailty trajectories in older stroke survivors: findings from a national cohort study

Zeng W et al

Journal of Clinical Nursing 34 (3) 912-920

Frailty is associated with poor outcomes in midlife trauma patients

Galet C et al

American Journal of Surgery 251 (Mar) 116157

The association between reproductive factors and frailty risk: a population-based analysis from the UK biobank

Chang T et al

BMC Public Health 25 (1) 762

Social frailty and its association with cognitive trajectories in older adults: a prospective cohort study

Zhang H et al

Alzheimer's Research & Therapy 17 (1) 50

Association of cognitive frailty with subsequent mortality among middle-aged and older adult in 17 countries

Yuan Y et al

American Journal of Geriatric Psychiatry 33 (2) 178-191

Integrating frailty interventions into existing care models: a comprehensive approach to enhancing patient outcomes in chronic disease management

Uchmanowicz I et al

Frontiers in Public Health 12 (Jan) 1518774

Frailty as a predictor of mortality in the oldest old: a systematic review and meta-analysis

Tan J et al

Geriatrics and Gerontology International 25 (1) 102-107