



# Falls and Frailty bulletin

## April 2025

**The aim of this current awareness bulletin is to provide a digest of recent articles on Falls and Frailty**

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### Articles

**Falls: assessment and prevention in older people and in people 50 and over at higher risk**

NICE guideline Published: 29 April 2025

Click on the link below to go straight to the document.

[Overview | Falls: assessment and prevention in older people and in people 50 and over at higher risk | Guidance | NICE](#)

**Falls risk assessment and prevention in older people in healthcare facilities**

Benjamin Olusola Ajibade

BJN 34 (7) 381-385

**Effects of Otago Exercise Program and aquatic exercise on fall risk in older adults: a systematic review**

Dong M et al

Archives of Gerontology and Geriatrics 132 (May) 105799

**Examining factors influencing older adult engagement in fall prevention: a comparative analysis among stakeholders**

Wiseman J et al

Journal of the American Geriatrics Society 73 (4) 1135-1143

**Preventing falls utilizing remote patient observation**

Halgren A et al

Archives of Physical Medicine and Rehabilitation 106 (4) 352-e53

**A societal cost-benefit analysis of falls prevention in community-dwelling older people in the Netherlands**

Panneman M et al

Experimental Gerontology 205 (Jun) 112755



**A pilot randomized trial of a program to prevent falls among community-dwelling adults living with mental illness demonstrates feasibility**

Lovarini M et al

Journal of Health Care 62 (April) 1-11

**Effectiveness of an early intervention in mild hyponatremia to prevent accidental falls in hospitalized older adults – a crossover ecological clinical trial**

Lobo-Rodriguez C et al

Healthcare 13 (8) 865

**Predicting admission for fall-related injuries in older adults using artificial intelligence: a proof-of-concept study**

Healthcare 13 (8) 865

Le N et al

Geriatrics & Gerontology International 25 (2) 232-242

**Effect of a home-based exercise program on subsequent falls among community-dwelling older adults with cognitive frailty: a sub-group analysis of a randomized controlled trial**

Falck R et al

Maturitas 191 (2025) 108151

**Relationship between frailty and risk of falls among hospitalised older people with cardiac conditions: an observational cohort study**

Rivas-Gonzalez N et al

Nursing Reports 15 (3) 100

**Psychomotor speed and fall risk in older adults with sarcopenia and frailty a cross-sectional study**

Kilaite J et al

Medicina 61 (4) 706

**Fall risk screening in older adults using the 'CARE' frailty scale: the NuAge cohort results**

Beauchet O et al

Maturitas 191 (2025) 108134