



# Falls/Frailty Bulletin

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## Articles

### **A frailty service to improve older people's engagement and wellbeing**

Christopher Waters

Nursing Times 119 (3) 24-25

### **Comparison of over-ground and treadmill perturbations for simulation of real-world slips and trips: a systematic review**

Siragy T et al

Gait and Posture 100 (Feb) 201-209

### **Compensatory stepping responses during real-life falls in older adults**

Te, Bianca et al

Gait and Posture 100 (Feb) 276-285

### **Development and validation of the Iranian version of the protection motivation theory questionnaire for fall prevention in older people**

Bashirian S et al

International Journal of Therapy & Rehabilitation 30 (1) development

### **Fear of falling, meaningful activity participation and community reintegration among stroke survivors in southwest Nigeria: a cross-sectional study**

Dada O et al

International Journal of Therapy & Rehabilitation 30 (2) fear of falling

### **Fragility fractures – State of the nation Wales report 2022 (FFFAP)**

*The Falls and Fragility Fractures Audit Programme (FFFAP) has published its State of the nation report 2022 for Wales. This summary report examines how the care of inpatient falls and fragility fracture has changed since 2020, showing what the audit reveals about the quality of patient care, and the impact of the COVID-19 pandemic.*

<https://www.hqip.org.uk/resource/fffap-wales-mar-2023/>

### **Falls 5: Environmental risk factors**

*Falls occur because of factors relating to the individual, the environment and the care and support available. As people age, the risk of falls increases. That risk is further increased when a person is unwell and when the person moves to a new environment.*

Nazarko L

British Journal of Healthcare Assistants 17 (2) 58-64



**Association of physical function and body composition with falls in pre-frail older adults with poor physical performance: a cross-sectional study**

Merchant R et al

Archives of Gerontology and Geriatrics 100 (2023) association of physical function

**Being and becoming ‘a frail older adult’: meaning-making and resistance through storytelling**

Bjerkmo L et al

Journal of Aging Studies 65 (2023) being and becoming

**Foot problems in older adults**

Najafi M et al

Journal of the American Podiatric Medical Association 108 (2) 126-139

**Frailty, falls and poor functional mobility predict new onset of activity restriction due to concerns about falling in older adults: a prospective 12 month cohort study**

Ellmers T et al

European Geriatric Medicine epub frailty falls and poor functional mobility

**A prospective analysis examining frailty remission and the association with future falls risk in older adults in England**

Davies K et al

Age and Ageing 52 (2) a prospective analysis

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**ClinicalKey** is a database which supports healthcare professionals by providing access to the latest evidence across specialties.

Available from: <https://www.clinicalkey.com/>