



PRIDE+ Bulletin

February-March 2025

The aim of this current awareness bulletin is to provide a digest of recent guidelines, reports, research and best practice on LGBTQ+ issues

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News

[A 'silent crisis': 'Chemsex' related drugs claiming LGBTQ+ lives, yet few are taking notice](#)

ITV

Healthcare, law enforcement and nonprofit professionals are sounding the alarm at a lack of wider action around 'chemsex' - the use of drugs to enhance sex - and its related drugs. The "extreme" harms of two particular substances are taking the lives of men across parts of the LGBTQ+ community - a "crisis" very few seem to be counting.

['I needed years of therapy over the battle to change my sexuality'](#)

BBC News

Ben Gibbons, now 38, says he needed years of therapy after an elder at his church forced him to make himself sick every time he had "impure thoughts", in an attempt to change his sexuality.

[New research reveals alarming scale of conversion practices in Great Britain](#)

Stonewall

New research commissioned by Stonewall has uncovered the shocking scale of conversion practices in Great Britain. In total, nearly a third (31 per cent) of LGBTQ+ people in the Great Britain-wide survey report that they'd experienced one or more of the attempts to change/alter their gender identity or sexual orientation

Guidelines, Policies and Reports

[Asexuality in the UK: Public attitudes towards people who experience little to no sexual attraction](#)

The Policy Institute and King's College London

Asexuality, which forms a part of the LGBTQIA+ axis recognised and supported by organisations like Stonewall, is a relatively under-considered sexual orientation, in the law, in research, and in society. It is only in recent years that asexual people have begun to see greater recognition and representation. In this study, we conduct a survey of 400 adults in the UK to understand their attitudes towards asexuality and asexual people.

[Precarious Lives: Financial and material hardship among older LGBTQ+ people in London](#)

Tonic

It is becoming increasingly evident that many LGBTQ+ people face financial and material problems in later life. Despite this, there has been little research to date as to why these



problems are so prevalent. This report looks at four reasons for this hardship: discrimination, social isolation, long-term health conditions and financial stress.

[There's No Place Like Home: The Reality of LGBTQ+ Youth Homelessness](#)

Akt

Home is more than just four walls and a roof—it's a place of safety, comfort, and belonging. Yet, for too many LGBTQ+ young people in the UK, home is anything but safe. Many face rejection, discrimination, and homelessness simply for being who they are. This new report is the most in-depth study of its kind. It brings to light the true scale of LGBTQ+ youth homelessness and the urgent need for change.

[The role of GPs in transgender care](#)

Royal College of General Practitioners

Transgender people, those experiencing gender incongruence and/or questioning their gender identity are generally registered with a local GP practice and seek support for most of their health issues from their GP. In some cases, their GP may be the first person that they confide in about their gender identity or uncertainties about this. General practice plays a vital role in ensuring these patients receive the care they need.

[Where does the British public stand on transgender rights in 2024/25?](#)

YouGov

A new YouGov study, the fourth in a series reaching back to 2018, shows an increased scepticism towards transgender rights across the board – and particularly in the two and a half years since our previous wave of this study.

Published research

Ensuring culturally competent nursing care for LGBT+ people [email

ulth.library.lincoln@nhs.net to request article]

Nursing Standard

People who are LGBT+ can encounter various challenges when seeking healthcare. This might manifest as explicit homophobia or transphobia, inappropriate questioning, or a lack of consideration for LGBT+ identities. Healthcare organisations may have policies that lack inclusivity. This article examines the barriers that may be encountered by LGBT+ individuals in healthcare services and offers recommendations for how nurses can deliver culturally sensitive healthcare to the LGBT+ community.

[Ethical considerations for the nursing care of Transgender patients in the Intensive Care Unit](#)

Nursing in Critical Care

There is more discussion than ever surrounding the health and care needs of Transgender communities. However, there is limited research on the care of Transgender patients in the Intensive Care Unit which can contribute to knowledge gaps, inconsistencies and uncertainties surrounding health care practices.

Mind the gap: decreasing disparities in care for transgender patients [email

ulth.library.lincoln@nhs.net to request article]

Education for Primary Care

The healthcare needs of transgender patients are unique and not accounted for within dominant narratives of medical care. This article explores care challenges faced by two transgender individuals navigating healthcare systems and medical school curriculum.



[The Relationship Between Parental and Caregiver Support and Suicide Among LGBTQ+ Youth of Color](#)

Journal of Adolescent Health

This study examines the relationship between parental/caregiver support and suicide risk among LGBTQ+ youth, with a focus on transgender, nonbinary, or gender questioning youth of colour. The study underscores the protective role of parental/caregiver acceptance against suicidal attempts, emphasizing the need for acceptance across diverse family dynamics. These findings call for culturally competent interventions and policies that enhance parental/caregiver support, recognizing intersectional challenges.

Blogs / Commentary / Editorials / Opinion Pieces

[Trans people and the NHS: the heat of the debate needs the light of evidence](#)

The King's Fund,

The public 'debate' on trans people's rights is toxic, fear mongering, and ever-increasingly hostile. 2024 was a year in which trans health care was under the spotlight. We saw a flurry of announcements regarding and impacting the provision of gender-affirming health care for the trans community, particularly for children and young people.

[We need the support of our allies to improve LGBTQ+ inclusion](#)

NHS Employers

LGBT+ History Month is a timely moment for allies to understand the challenges faced by LGBTQ+ staff, writes Dr Layla McCay.

[What healthcare challenges do the queer community face?](#)

Queer AF Podcast

In a rich community conversation, the panelists discuss the Trans+, disability, mental and sexual health needs and challenges the queer community face

Books / Audiobooks

A selection of newly published books from the LGBTQ+ community. (Please note these are not held by the Library Service but are available from the usual book retailers).

Between: A Memoir on Gender Transition by a Mother and Her Trans Son by Gemma Telford and Leo Telford

The lives of transgender people have evolved into a talking point in wider society. Many people have an opinion on trans issues, but few have informed that opinion by listening to the trans community. Between bridges this widening divide, sharing a deeply personal story of transition written by a mother and her transgender son.

Fundamentally by Nussaibah Younis

A razor-sharp comedy about a very serious subject, Younis' electrifying debut novel pitches academic Nadia into a UN job rehabilitating ISIS women, one of whom she forms a problematic bond with.

Desi Queers: LGBTQ+ South Asians and Cultural Belonging in Britain by Churnjeet Mahn, Rohit K. Dasgupta and DJ Ritu

Desi Queers reveals how diasporic South Asians have shaped LGBTQ+ movements and communities in Britain, from the 1970s to the present day. Weaving the history of 1980s anti-racism with the emergence of Black LGBTQ+ and feminist coalitions, this book highlights landmark moments in British queer life and culture through South Asian lives, and illuminates British histories of colour through queer politics and creativity.