



Long Covid Current Awareness Bulletin

January 2024

Guidelines, Policies and Reports

Disconnected & Insecure: The intersection between experiences of long COVID and intimate partner violence

Monash University, Jan 2024

Available at: [Monash University](#)

Despite well-established evidence of the increased risk of IPV during the first two years of the pandemic, to date there has been no global research examining how victim-survivors' experiences of long COVID uniquely impact their safety and support needs. This project sought to address this significant gap in current knowledge.

Long COVID Guidance

Royal College of Speech and Language Therapists, Dec 2023

Available at: [RCSLT](#)

RCSLT guidance for speech and language therapists (SLTs) managing post COVID-19 disorders. The guidance has been developed using available evidence and clinical experience of SLTs working in the field. The guidance provides a framework for understanding, assessing, and treating, individuals living with communication, swallowing, voice, and upper airway sequelae post COVID-19.

Rehabilitation: self-management of long COVID for adolescents

World Health Organisation, Oct 2023

Available at: [WHO](#)

This leaflet provides advice and support for young people aged 12 years and older who are experiencing symptoms of post COVID-19 condition, commonly known as long COVID. It aims to help you to understand and manage your condition and ask for help and support.

Published research

Energy Management Education in Persons with Long COVID-Related Fatigue: Insights from Focus Group Results on Occupational Therapy Approach

Healthcare, Jan 2024

Available at: [MDPI](#)

This study utilized focus groups to explore the experiences of individuals with post-COVID-related fatigue who participated in the Energy Management Education program.



Journey mapping long COVID: Agency and social support for long-hauling
Social Science & Medicine, Jan 2024

Available at: [Science Direct](#)

This study contributes to the understanding of long-haulers by examining the role of agency and social support in shaping their journeys. Drawing on a combination of interviews, questionnaires, and video diaries over a three-month period, journey mapping was used to document the participants' experiences, including symptoms, coping strategies, and lifestyle changes.

Long COVID and Occupational Medicine Practice
Journal of Occupational and Environmental Medicine, Jan 2024

Available at: [Lippincott](#)

Despite a limited understanding of long COVID and the absence of evidence-based treatment, there is a need to promote the recovery of health and work ability for those workers with long COVID. Experience in caring for workers with long COVID to recover function and livelihood is accumulating. The following practice recommendations for caring for workers with long COVID are based on a large medical centre's experience with hundreds of workers with the signs and symptoms of long COVID.

Long-COVID in children: An exploratory case-control study from a bio-psycho-social perspective
Journal of Psychosomatic Research, Jan 2024

Available at: [Science Direct](#)

This study aimed to determine psychosocial differences between children with Long-COVID Syndrome (LCS) and two control groups (i.e., children who did not have COVID-19 and children who had previously had COVID-19 but did not develop LCS) from a bio-psycho-social and psychosomatic perspective.

Remission of severe forms of long COVID following monoclonal antibody (MCA) infusions: A report of signal index cases and call for targeted research

The American Journal of Emergency Medicine, Jan 2024

Available at: [Science Direct](#)

Long COVID has afflicted tens of millions globally leaving many previously-healthy persons severely and indefinitely debilitated. The objective here was to report cases of complete, rapid remission of severe forms of long COVID following certain monoclonal antibody infusions and review the corresponding pathophysiological implications.

Risks of digestive diseases in long COVID: evidence from a population-based cohort study
BMC Medicine, Jan 2024

Available at: [BMC](#)

Compared with the contemporary comparison group, patients with previous COVID-19 infection had higher risks of digestive diseases including gastrointestinal (GI) dysfunction, peptic ulcer disease, gastroesophageal reflux disease (GERD), gallbladder disease, severe liver disease, non-alcoholic liver disease, and pancreatic disease



Sustaining work ability amongst female professional workers with long COVID
Occupational Medicine, Jan 2024

Available at: Email library.lincoln@ulh.nhs.uk for full article

This study aimed to explore the working conditions and circumstances experienced as affecting sustained work ability amongst female workers with Long COVID.

A clinical approach to the investigation and management of long COVID associated neuropathic pain

European Archives of Psychiatry and Clinical Neuroscience, Dec 2023

Available at: [Springer](#)

Around one in three people with COVID-19 develop neurological symptoms with many reporting neuropathic pain and associated symptoms, including paraesthesia, numbness, and dysesthesia. Early identification, exclusion of common alternative causes, and a biopsychosocial approach to the management of the symptoms can help in relieving the burden of disease and improving the quality of life for patients.

Impact of Long COVID on productivity and informal caregiving

The European Journal of Health Economics, Dec 2023

Available at: [Springer](#)

Around 2 million people in the UK suffer from Long COVID (LC). Of concern is the disease impact on productivity and informal care burden. This study aimed to quantify and value productivity losses and informal care receipt in a sample of LC patients in the UK.

Long COVID in long-term care: a rapid realist review

BMJ Open, Dec 2023

Available at: [BMJ](#)

The goals of this rapid realist review were to ask: (a) what are the key mechanisms that drive successful interventions for long COVID in long-term care and (b) what are the critical contexts that determine whether the mechanisms produce the intended outcomes?

Blogs

What It's Really Like to Live With Long COVID, According to People Who Have It
Prevention, Jan 2024

Available at: [Prevention](#)

For 11% of the billions who have had COVID, things may never be normal again. While researchers are hard at work figuring out causes of and treatments for long COVID, we wanted to give you a window into what it's like to live with it.



Library and Knowledge Services

Four years on, long covid still confounds us. Here's what we now know.

The Washington Post, Dec 2023

Available at: [The Washington Post](#)

Many people now view covid-19 as an almost routine inconvenience, much like flu, RSV and other seasonal infections. But four years after reports surfaced of a new respiratory illness, prompting a massive response among researchers, the disease's aftereffects — commonly called long covid — continue to confound doctors and patients alike.

Library Services

Would you like to keep up to date with the latest evidence on topics of your choice? Sign up for a current awareness alert: <https://www.nhslincslibrary.uk/knowledgeshare-request/>

Can't find the information you need? We can do literature searches for you:

<https://www.nhslincslibrary.uk/search-request/>

We can provide training on how to search healthcare databases and resources as well as showing you how to appraise the information that you find:

<https://www.nhslincslibrary.uk/training/>

Online Resources

BMJ Best Practice is a clinical decision support tool that provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions:

<https://bestpractice.bmj.com/oafed>

ClinicalKey is a database which supports healthcare professionals by providing access to the latest evidence across specialties: <https://www.clinicalkey.com/>