Mental Health Current Articles Bulletin – July 2026

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Abuse/Violence/Bullying
The neurochemistry of conduct disorder, antisocial personality disorder and psychopathy – current evidence and future directions Tully J, Hind E Aggression and Violent Behavior 89 (July) 102144 10.1016/j.avb.2026.102144
Female-on-female child sexual abuse Winters F et al Child Abuse & Neglect 177 (July) 108128 10.1016/j.chiabu.2026.108085
Bullying victimisation and mental health: the mediating role of peer and family social support Shannon C et al Early Intervention in Psychiatry 20 (2026) e70225 10.1111/eip.70225
ADHD
Perceived stress and addiction severity in adults with ADHD: a multi-domain analysis Romo L et al Psychiatry Research 362 (Aug) 117189 10.1016/j.psychres.2026.117189

Assessing the feasibility and acceptability of a school-based non-pharmacological intervention for ADHD: the Flex toolkit
Russell A et al
Pilot and Feasibility Studies 12 (1) 106
10.1186/s40814-026-01879-7

School environment and ADHD-related stigma in children with ADHD
Becker S et al
Acta Psychologica 267 (July) 107075
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Physical exercise and body awareness/movement quality in adults with attention deficit/hyperactivity disorder (ADHD): results from the START randomized controlled trial
Svedell L et al
Complementary Therapies in Medicine 98 (Jun) 103372
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Autism

Research tools for eating behavior in people with Autism Spectrum Disorder (ASD)
Milane N et al
Journal of Autism & Developmental Disorders 56 (6) 2126-2135
10.1007/s10803-024-06710-x

Dental caries of individuals with Autism Spectrum Disorder (ASD): a systematic review and meta-analysis
Da Motta T et al
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10.1007/s10803-025-06754-7

Examining virtual reality interventions for social skills in children with Autism Spectrum Disorder: a systematic review
Atin Y et al
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Effect of nutritional factors on mental health problems in Autism Spectrum Disorder: a narrative synthesis of current evidence
Nogay N et al
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A network of analysis of alexithymia, interoception, empathy, self-awareness and psychopathological symptoms in young people with Autism Spectrum Disorder
Shek A et al
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Bereavement and Grief

Posttraumatic growth and continued bonds in fathers receiving bereavement photography following perinatal loss: a mixed-methods study
Salvini S et al
Omega Journal of Death & Dying 93 (3) 1549-1565
10.1177/00302228241265525

'You'll never walk alone': a qualitative sequential multimethod study of football-based bereavement support for men who have experienced baby loss
Carroll P et al
Nursing Research & Practice 2026 (Jul) 1-7
10.1155/nrp/4511827

Farewell, grief and depression of individuals who lost close relatives during social isolation: a mixed methods study
Lopez-Acevo C et al
Atencion Primaria 58 (6) 103481
10.1016/j.aprim.2026.103481

Parental bereavement experiences following the loss of a child to suicide: a qualitative systematic review and meta-ethnographic synthesis
Back O et al
Death Studies 2026 (Jun) 1-19
10.1080/07481187.2026.2682812

Child and Adolescent Issues

Life in plastic, it's therapeutic: the Barbie movie and adolescent mental health
The 2023 Barbie movie became an unexpected touchstone in my clinical practice. In the months after the film's general release, children, young people and adults quoted from the film's comedic moments and inspirational monologues, using them as a shorthand for complex emotional experiences, and to identify struggles and experiences of care and recovery. The film's playful tone and layered themes allowed for moments of humour alongside serious introspection. This paper describes an exploration of the Barbie movie as a shared cultural language that facilitated therapeutic conversations and provided a narrative framework for self-exploration. Drawing upon concepts from narrative medicine, psychoanalytic theory and the enduring cultural symbolism of Barbie, this discussion positions the Barbie film as a displacement object, a transitional space, a narrative tool and a fitting metaphor for adolescent development as well as recovery. I consider the impact of the film's rich cineliteracy on clinical practice, against a background of historical psychiatric discourses around the Barbie doll, and her enduring cultural symbolism. Fictionalised clinical encounters illustrate how young people engaged with Barbie to explore issues of gender, trauma and institutional structures. This paper argues that an openness to integrating popular media into psychiatric practice expands the scope of assessment and therapeutic engagement, allowing children, young people and adults to express their experiences through culturally familiar, accessible narratives.
Dosani S
BJPsych 229 (2) 232-235
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Locked away twice: the role of minimisation and denial of childhood trauma in prison rehabilitation
Drummond D et al

Child Abuse & Neglect 1777 (July) 108098
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Latent profiles of mood: toward an empirical definition of mixed mood in youth
Wilson E et al
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A mixed-methods evaluation of the "State of Mind" school-based wellbeing programme in South Wales
Carey D et al
Journal of Behavioral & Cognitive Therapy 36 (4) 1005954
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Preliminary evaluation of a psychoeducational program for adolescents targeting loneliness and social isolation
Kushibiki N et al
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Complex trauma

Minding the gap: complex relational trauma survivors' experiences navigating healthcare
Smart C et al
Inquiry the Journal of Health Care Organization Provision & Financing 63 (2026) 1-12
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Shahar G et al
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Posttraumatic stress disorder from early childhood to late adolescence: a resilience-oriented approach to prevention, diagnosis and clinical management
Kerbage H et al
Discover Mental Health 6 (1) 1-24
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Sexual function in women with complex PTSD: a comparative study
Ramirez-Rodriguez R et al
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Making a case for using MDMA-assisted psychotherapy for borderline personality disorder and complex PTSD: a descriptive systematic review of the literature
Kasiviswanathan K et al
Therapeutic Advances in Psychopharmacology 16 (July) 1-43

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Dementia and Alzheimer's Disease

Dementia prevention in Latin America and the Global South
Juan Fortea et al
Lancet 408 (10553) 382-384
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Alzheimer's disease and related dementia: evaluation, diagnosis and acute care management
Vukmir R
Frontiers in Neurology 17 (July) alzheimers disease
10.3389/fneur.2026.1743770

From artery to memory: a comparative review of vascular cognitive impairment surgical models
Kane M et al
Frontiers in Aging Neuroscience 18 (July) from artery to memory
10.3389/fnagi.2026.1861974

Tiny titans, big promise: nanotechnology and microTNA in the fight against Alzheimer's disease
Nakum B et al
Ageing Research Reviews 119 (July) 103149
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Electroencephalogram microstates in Alzheimer's dementia and mild cognitive impairment: a systematic review and meta-analysis
Das S et al
Clinical Neurophysiology 187 (July) 2111856
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Depression/Depressive Disorders

Psilocybin-assisted therapy for major depressive disorder: perspective from meta-analysis
Kishi T et al
Journal of Affective Disorders 407 (Aug) 121675
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Perfectionism as a transdiagnostic process in depression and generalized anxiety disorder: evidence from a longitudinal study of young women
Zotachew T et al
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The association between anxiety and active behaviour in patients with major depressive disorder: an ecological momentary assessment study
Hol-Steegstra A et al
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Effectiveness of tetris as an early intervention for preventing intrusive memories and post-traumatic stress disorder related symptoms after a real-world trauma: a systematic review and narrative synthesis
Parkes D et al
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Disorders

Trichotillomania: the interplay between emotional states, urges and hair pulling episodes
Gallinat C et al
Comprehensive Psychiatry 149 (July) 152727
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Efficacy and mechanisms of internet-delivered mindfulness-based cognitive therapy for Adjustment Disorder: a randomized controlled trial
Holas P et al
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What would feeling better mean to you? Understanding patient language used for PTSD treatment improvement
Grubbs K et al
Psychiatry Research 361 (Jul) 117154
10.1016/j.psychres.2026.117154

Disorder type and severity as predictors of mental health in siblings of children with chronic disorders
Fredriksen T et al
Journal of Autism & Developmental Disorders 56 (7) 2803-2814
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Eating Disorders

Underdiagnosis of PTSD in eating disorders
Brewerton T
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Cortical complexity in eating disorders: a systematic review and qualitative synthesis
Collantoni E et al
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Lehe M et al
International Journal of Eating Disorders 59 (7) 1517-1530
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Exploring Outpatient Psychotherapists' knowledge, confidence and training on eating disorders and muscle dysmorphia among boys and men
Ganson K et al
International Journal of Eating Disorders 59 (7) 1599-1609
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Forensic Psychiatry/Psychology

The value of person-first language in forensic mental health services
Tomlin J et al
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Forensic outcome in schizophrenia: it's the system, not the symptoms
Machetanz L et al
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Experiences of prisoners living with mental health conditions and seeking or receiving mental health support in prisons: an integrative review
Kairu A et al
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Mental Health and serious drug crime: a case-control study
Morten H et al
Criminal Behaviour and Mental Health 36 (4) 157-164
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Intellectual/Learning Disabilities

Exploring care and ageing needs of people with learning disabilities: an inclusive research study in Chile
Gonzalez-Carrasco F et al
British Journal of Learning Disabilities epub Aug 26 exploring care
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How do parents experience overnight respite? Parent-reported outcomes in families of children with intellectual and developmental disabilities
Mire S et al
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What makes a person accessible? Exploring the characteristic of 'accessible people' from the perspective adults with learning disabilities
Kirby M et al
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The feasibility of a chair yoga intervention to improve mental health and wellbeing for adults with learning disabilities: a pilot study
Metcalfe D et al
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LGBTQ+

The unique characteristics of "families of choice" and families of origin of older LGBTQ+ adults: are they related to mental health?
Cohn-Schwartz E et al
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Scorpiniti G et al
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The development of LGBTQ other group orientation and its relation to psychological and social well-being among cisgender heterosexual adolescents
Klein R et al
Journal of Adolescence 98 (4) 1210-1222
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Miscellaneous

The increasing incomprehensibility of medical research for clinicians
Tandon R

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Assisted dying and countertransference: unconscious forces in life-and-death decisions
Gibbons, R and O'Reilly J
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What can psychiatrists expect from the next DSM?
Niall Boyce
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App-tivating progress: Smartphone apps for mental health relief: a systematic review and metal analysis
Pasch L et al
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Neurodivergence

Neurodiversity and mental health in esports
Lucas van Ruysevelt et al
Frontiers in Psychology 17 (2026) neurodiversity
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You must not fool yourself: Feynman, neurodiversity and honest AI in digital mental health
Ruttenberg D
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Examining college student mental health outcomes at the intersection of sexual and gender minority neurodivergent identities
Sorby M et al
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Psychopharmacology

Assessment of childhood maltreatment in pharmacotherapy trials for schizophrenia
Fares N et al
Lancet Psychiatry 13 (7) 539-541
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Comparative effectiveness and safety of pharmacological treatments for rapid tranquilisation in emergency settings: a systematic review and individual participant data network meta-analysis

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Temporal course of symptom domain improvement in schizophrenia: individual participant data analysis of six antipsychotic drug trial
Leucht S et al
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Prescription opioid use and 12 month depression trajectories
Scherrer J et al
Psychiatry Research 361 (Jul) 117096
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Schizophrenia

Comment:
Antipsychotic medicines for schizophrenia: time to move forward
Corrado Barbui et al
Lancet 407 (10531) 820-831

Comparative efficacy and tolerability of antidopaminergic and muscarinic antipsychotics for acute schizophrenia: a network meta-analysis of randomised controlled trials indexed in international English and Chinese databases
Johannes Schneider et al
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Antipsychotic efficacy and safety of LB-102 in the treatment ofd adults with acute schizophrenia: a randomized clinical trial
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Self-harm and Suicide

Medical chart review to explore suicidal and self-harm thoughts and behavior among psychiatric inpatients
Stoliker B et al
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Risk of subsequent self-harm, suicide attempts and suicide following a first hospital-treated self-harm episode among young people: a population-based cohort study
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Therapies/OT in mental health

Generic group metacognitive therapy for mixed common mental disorders: an open trial with six-month follow-up in specialized mental health care
Pukstad E et al
Journal of Affective Disorders 25 (July) 101116
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Timing for green prescription: comparing the immediate and cumulative effects of different duration horticultural therapy programs on college students' mental health
Chang Lui et al
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Psychedelics in mental health: opportunities and challenges
Oestreich L et al
Brain & Behavior 16 (7) 1-5
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A bridge, not a destination: YouTube viewer perspectives on AI mental health support and human therapy
Shekhar A et al
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Veterans

Lithium for the prevention of suicide in US veterans: target trial emulation
Szmulewicz A et al
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Predicting next-day suicidal urges, depression and PTSD symptoms using ecological momentary assessments and passive sensing of sleep among military service members and veterans
Lin T et al
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Adverse mental health outcomes and alcohol misuse among UK Armed Forces personnel: fourth phase of a 20-year cohort study of military personnel who served during the Iraq and Afghanistan conflicts
Sharp M et al
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Almeida-Meza P et al
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