



Tissue Viability bulletin

March 2025

The aim of this current awareness bulletin is to provide a digest of recent articles and guidelines on Tissue Viability

If you would like to request any of the articles included in this bulletin, or be put onto the distribution list, please contact: library.lincoln@ulh.nh.uk

For more information on Library and Knowledge Services please go to:
www.nhslincslibrary.uk

Access the **Journal of Wound Care** and **Journal of Tissue Viability** online at the
[NHS Knowledge and Library HUB](#)

‘Made Easy’ Series - Available from Wounds UK

[Made Easy – Wounds UK](#)

Articles

Wound infection: diagnosis, treatment and prevention

A priority in wound care is preventing wound infection, because this can cause delays in healing and increase the risk of hospital admission. Moreover, the diagnosis of a wound infection is not always straightforward, and the presence of biofilms may mean that an infection is particularly challenging to treat. This article outlines the main aspects of diagnosing, treating and preventing wound infections.

Nursing Standard 2025 20(2) 55-61

Managing wound exudate with the superabsorbent dressing C-Sorb

Excess exudate is a major symptom of hard-to-heal wounds. It can delay wound healing and cause embarrassment and psychological distress for patients, as well as increase the number of dressing changes and thus nursing time and product costs.

British Journal of Nursing 2025 34 (4) S4 – S11

Assessment of the diabetic foot in inpatients

Diabetic foot disease is a severe complication of diabetes, leading to significant morbidity and lower limb amputations. This review explores the pathophysiology of diabetic foot disease, highlighting the roles of peripheral neuropathy, peripheral arterial disease and immunosuppression in the development of foot ulcers and infections.

British Journal of Nursing 2025 34 (4) S12– S23



Clinicians' experiences of using a sterile non-woven surgical dressing on 394 patients

Surgical wounds and periwound skin require protection to prevent complications, which affect clinical outcomes and patient quality of life. This study surveyed 45 health professionals treating 394 patients to elicit their experiences of the performance, quality, ease of application and usability of the sterile surgical wound dressing Curapor under routine conditions.

British Journal of Nursing 2025 34 (4) S24 – S31

PURPOSE-T: validity, reliability and implementation

Pressure ulcer risk assessment is an essential part of pressure ulcer prevention. This article explores the Pressure Ulcer Risk Primary Or Secondary Evaluation Tool (PURPOSE-T), the use of which is advocated by the NHS England National Wound Care Strategy Programme.

British Journal of Nursing 2025 34 (4) S32 – S38

The role of nutrition in wound healing and implications for nursing practice

Nutrition plays a vital role in wound healing, influencing both the speed and quality of recovery. The wound healing process encompasses haemostasis, inflammation, proliferation, and remodelling, each reliant on specific nutrients.

British Journal of Nursing 2025 33 (4) S39 - S42

Best Practice and Guidelines

The Cochrane Library 2025

Tumor necrosis factor (TNF) inhibitors for psoriatic arthritis

Psoriatic arthritis (PsA) is a chronic arthritis affecting people with psoriasis. If untreated, it may lead to disability. Recommended drugs are non-steroidal anti-inflammatory drugs (NSAIDs), corticosteroids, conventional synthetic disease-modifying anti-rheumatic drugs (csDMARDs), biologic DMARDs (bDMARDs), and targeted synthetic DMARDs (tsDMARDs). Tumour necrosis factor inhibitors (TNFi) are the first choice bDMARDs.

Available from:

cochranelibrary.com/cdsr/doi/10.1002/14651858.CD013614.pub2/epdf/full

NICE 2025

Direct skeletal fixation of limb prostheses using an intraosseous transcutaneous implant

This guidance represents the view of NICE, arrived at after careful consideration of the evidence available. When exercising their judgement, healthcare professionals are expected to take this guidance fully into account, and specifically any special arrangements relating to the introduction of new interventional procedures

Available from: [Direct skeletal fixation of limb prostheses using an intraosseous transcutaneous implant](#)



The Cochrane Library

Azathioprine and 6-mercaptopurine for maintenance of remission in ulcerative colitis

Maintenance of remission is essential in inflammatory bowel disease (IBD) in terms of disease course and long-term prognosis. The thiopurines azathioprine and 6-mercaptopurine have longstanding merit in ulcerative colitis, but more therapeutic options have been developed. This review is an update and extension of a review last published in 2016.

Available from:

cochranelibrary.com/cdsr/doi/10.1002/14651858.CD000478.pub5/epdf/full