



# Maternity & Neonatal Bulletin

May 2026

**The aim of this current awareness bulletin is to provide a digest of recent guidelines, reports, research and best practice on Maternity and Neonatal**

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<https://www.nhslincslibrary.uk/training-calendar/>

<b>Maternity</b>
<b>BMJ Best Practice updates</b>
<a href="#">Ectopic pregnancy</a> <a href="#">Postpartum psychosis</a>
<b>UK guidelines</b>
<b>RCOG</b> <a href="#">Multiple Pregnancy Following Assisted Conception</a> (Scientific Impact Paper No. 22) <a href="#">Reduced Fetal Movements</a> (Green-Top Guideline No. 57)
<b>International guidelines</b>
<b>ACOG</b> <a href="#">Breastfeeding in Patients with Human Immunodeficiency Virus</a> <a href="#">Person-Centered Pregnancy Options Counseling</a>
<b>AWHONN: Resuscitative Care for the Obstetric and Neonatal Patient</b>
<b>Cochrane reviews</b>
<a href="#">Psychosocial interventions for supporting women to stop smoking in pregnancy</a>
<b>Maternity services</b>
Zhang, Y. and Yang, X., 2026. <b>Progress and challenges in modernizing delivery rooms.</b> <i>The Journal of Maternal-Fetal &amp; Neonatal Medicine</i> , 39(1), p.2667659. Available here: <a href="#">Journal of</a>



[Maternal-Fetal & Neonatal Medicine](#)

**Workforce & education**

Waterfall, K., 2026. **The midwife as a border force: how hostile environment policies impact maternity care.** *British Journal of Midwifery*, 34(4), pp.223-231. Available on request: [ulth.nhslincslibrary.request@nhs.net](mailto:ulth.nhslincslibrary.request@nhs.net)

**Equality, diversity and inclusion**

Furness, A., De Vivo, M. and Soltani, H., 2026. **Physical activity during the perinatal period among women from marginalised backgrounds.** *British Journal of Midwifery*, 34(4), pp.186-196. Available on request: [ulth.nhslincslibrary.request@nhs.net](mailto:ulth.nhslincslibrary.request@nhs.net)

Scott, S., Nguyen, G., et al. 2026. **Experiences of Food Insecurity During Pregnancy in High-Income Countries: A Meta-Synthesis of Qualitative Studies.** *Journal of Human Nutrition and Dietetics*, 39(2), p.e70244. Available here: [Journal of Human Nutrition and Dietetics](#)

**Mental health**

Winter, G.F., 2026. **Antidepressants and pregnancy.** *British Journal of Midwifery*, 34(4), pp.236-237. Available on request: [ulth.nhslincslibrary.request@nhs.net](mailto:ulth.nhslincslibrary.request@nhs.net)

**Antenatal care**

Melamed, A., Small, K., et al. 2026. **Antenatal risk assessment and classification in maternity care: An integrative review.** *Midwifery*, p.104789. Available here: [Midwifery](#)

**Pharmacology**

Delteil, L., Vial, T., et al. 2026. **Risk of major congenital anomalies and beta-blockers: A comparative study from the EFEMERIS database.** *British Journal of Clinical Pharmacology*, 92(4), pp.1051-1057. Available on request: [ulth.nhslincslibrary.request@nhs.net](mailto:ulth.nhslincslibrary.request@nhs.net)

**Complications**

Chin, S., Demase, K., et al. 2026. **Quality of healthcare delivery in inflammatory bowel disease pregnancy: a scoping review.** *Inflammatory bowel diseases*. Available here: [Inflammatory Bowel Diseases](#)

D'Amico, A., D'Antonio, F., et al. 2026. **Cardiac Function in Fetal Growth Restriction: A Systematic Review and Meta-Analysis.** *Prenatal Diagnosis*. Available on request: [ulth.nhslincslibrary.request@nhs.net](mailto:ulth.nhslincslibrary.request@nhs.net)

Di Mascio, D., Chauhan, S.P., et al. 2026. **Consensus and controversies of international guidelines for the diagnosis, surveillance and management of fetal growth restriction: an updated comparison.** *American Journal of Obstetrics and Gynecology*. Available here: [American Journal of Obstetrics and Gynecology](#)

Gregoor, M., Peuskens, E., et al. 2026. **Psychological risk factors for lumbopelvic pain before, during, and after pregnancy: a systematic review.** *BMC Pregnancy and Childbirth*. Available here: [BMC Pregnancy and Childbirth](#)

Kitmiridou, D., Mitrogiannis, I., Charakida, M. and Nicolaidis, K.H., 2026. **Retinal imaging in gestational diabetes mellitus: systematic review.** *Ultrasound in Obstetrics & Gynecology*.



Available here: [Ultrasound in Obstetrics & Gynecology](#)

Liu, Z., Huang, R., Sun, T. and Zhu, L., 2026. **Probiotic supplementation during pregnancy for vaginal microbiota improvement and pathogen clearance: A systematic review and meta-analysis.** *Acta Obstetricia et Gynecologica Scandinavica*. Available here: [Acta Obstetricia et Gynecologica Scandinavica](#)

Rath, W., Tsikouras, P. and Pecks, U., 2026. **Recommendations from guidelines for the prevention of venous thromboembolism in pregnant women with inherited thrombophilia.** *Archives of Gynecology and Obstetrics*, 313(1), p.162. Available here: [Archives of Gynecology and Obstetrics](#)

Tolbert, B., Chandrasekaran, S., et al. 2026. **Interventions and Perinatal Outcomes Associated With Recipient Twin Cardiomyopathy in the Setting of Twin-To-Twin Transfusion Syndrome: A Systematic Review.** *Prenatal Diagnosis*. Available here: [Prenatal Diagnosis](#)

Yeo, J.H., Lambo, D., et al. 2026. **Increased risk of gestational diabetes in women with IBD: pregnancy outcomes for women with IBD from a multidisciplinary clinic at a tertiary centre.** *Frontline Gastroenterology*. Available on request: [ulth.nhslincslibrary.request@nhs.net](mailto:ulth.nhslincslibrary.request@nhs.net)

Zhang, J., Chen, Y., et al. 2026. **Association between maternal thyroid function and adverse outcomes of pregnant women and offspring: evidence from an umbrella review.** *BMC Pregnancy and Childbirth*. Available here: [BMC Pregnancy and Childbirth](#)

## Labour & birth

Berg, L., Igielman, M., Jurkovic, D. and Jauniaux, E., 2026. **Risk factors for partial placental retention after Cesarean delivery: a preliminary report.** *Ultrasound in Obstetrics & Gynecology*, 67(5), pp.672-678. Available here: [Ultrasound in Obstetrics & Gynecology](#)

Coya, E.G., 2026. **Using topical lidocaine for pain relief during perineal suturing.** *British Journal of Midwifery*, 34(4), pp.206-216. Available on request: [ulth.nhslincslibrary.request@nhs.net](mailto:ulth.nhslincslibrary.request@nhs.net)

Cuiyan, L., Shen, B. and Xiao, L., 2026. **Acupressure for postoperative pain after cesarean delivery: A meta-analysis.** *International Journal of Gynecology & Obstetrics*. Available on request: [ulth.nhslincslibrary.request@nhs.net](mailto:ulth.nhslincslibrary.request@nhs.net)

Devi, S., Suryavanshi, M.R. and Chandrababu, R., 2026. **Comparing oxytocin alternatives for postpartum hemorrhage prevention in vaginal and caesarean births: a systematic review and meta-analysis.** *Archives of Gynecology and Obstetrics*, 313(1), p.178. Available here: [Archives of Gynecology and Obstetrics](#)

Helmy, M.A., Helmy, K.A., et al. 2026. **Prediction of spinal anesthesia-induced hypotension during cesarean delivery: a narrative review.** *Journal of Anesthesia, Analgesia and Critical Care*. Available here: [Journal of AACC](#)

Schwartz, A., Minopoli, M., et al. 2026. **Antenatal Prediction of Shoulder Dystocia and Birth Trauma Using Routine Maternal and Ultrasound Variables: Retrospective Cohort Study.** *BJOG*. Available here: [BJOG](#)



## Pregnancy loss

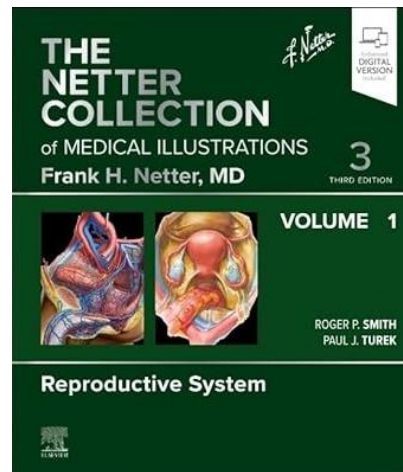
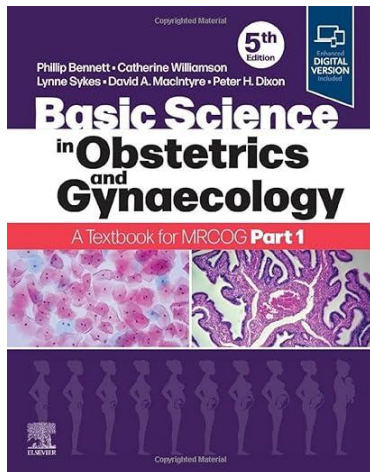
Oshikanlu, R., 2026. **Addressing fear of miscarriage**. *British Journal of Midwifery*, 34(4), pp.232-234. Available on request: [ulth.nhslincslibrary.request@nhs.net](mailto:ulth.nhslincslibrary.request@nhs.net)

## A selection of Obstetric ebooks available on our library catalogue

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[Basic Science in Obstetrics and Gynaecology: A Textbook for MRCOG Part 1](#)

[Netter Collection of Medical Illustrations: Reproductive System](#)





## Neonatal

### International guidelines

**AWHONN:** [Resuscitative Care for the Obstetric and Neonatal Patient](#)

### Cochrane reviews

[Standardised formal resuscitation training programmes for reducing mortality and morbidity in newborn infants](#)

### Recently published research

Alansari, A.N., Messaoud, M., et al. 2026. **Outcomes of Early Enteral Feeding in Very Low Birth Weight Infants: A Meta-Analysis of Randomized Controlled Trials.** *Pediatrics & Neonatology*. Available here: [Pediatrics & Neonatology](#)

Friedrich, S., Huybrechts, K.F., et al. 2026. **Prenatal exposure to buprenorphine or methadone and adverse neurodevelopmental outcomes: population based cohort study.** *BMJ*, 393. Available here: [BMJ](#)

Gonzalez, L.D. and Rodriguez-Warren, D., 2026. **The benefits of long peripheral catheters in neonatal care.** *British Journal of Nursing*, 35(7), pp.S18-S18. Available on request: [ulth.nhslincslibrary.request@nhs.net](mailto:ulth.nhslincslibrary.request@nhs.net)

Hives, L.J., Thomson, G., et al. 2026. **Assessing for neonatal jaundice in the community: an integrative systematic review.** *Midwifery*, p.104804. Available here: [Midwifery](#)

Kwok, T.N.C., Dineen, R.A., et al. 2026. **Neonatal stroke active surveillance BPSU study in the UK and the Republic of Ireland with a meta-analysis of national surveillance studies.** *Archives of Disease in Childhood-Fetal and Neonatal Edition*. Available on request: [ulth.nhslincslibrary.request@nhs.net](mailto:ulth.nhslincslibrary.request@nhs.net)



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[Avery's Diseases of the Newborn](#)

[Fanaroff and Martin's Neonatal-Perinatal Medicine: Diseases of the Fetus and Infant](#)

[Neonatology Questions and Controversies: Hematology and Transfusion Medicine](#)

[Neonatology Questions and Controversies: Infectious Disease, Immunology, and Pharmacology](#)

[Neonatology Questions and Controversies: Neonatal Hemodynamics](#)

[Neonatology Questions and Controversies: Neurology](#)

[Neonatology Questions and Controversies: Renal, Fluid and Electrolyte Disorders](#)

[Neonatology Questions and Controversies: The Newborn Lung](#)

[Remington and Klein's Infectious Diseases of the Fetus and Newborn Infant](#)

[Volpe's Neurology of the Newborn](#)

