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## Articles

### **An overview of manual lymphatic drainage**

**British Journal of Community Nursing Vol. 29, No. 9 pp. 438-440**

Manual lymphatic drainage is an advanced therapy that enhances the movement of lymph via a gentle form of massage. In this article, Sarah Jane Palmer provides an overview of manual lymphatic drainage as a treatment for lymphoedema, and summarises the latest research in the area.

### **Infection prevention and control: understanding the fundamentals**

**Nursing Standard, 15<sup>th</sup> August 2024**

This article outlines the main elements of standard precautions for infection prevention and control, as set out by the World Health Organization...

### **Undertaking a structured assessment of a hard-to-heal wound**

**Nursing Standard, 27<sup>th</sup> August 2024**

This article describes the fundamental elements of assessing a patient with a hard-to-heal wound holistically, including taking a patient history, performing a clinical examination and investigations, and considering the patient's physical, psychological, spiritual and social needs.

### **Mpox signs, risks and treatment options**

**Nursing Standard. 39, 9, pp.11-12 4<sup>th</sup> September 2024**

Infection prevention and control, the role of the smallpox vaccine and antivirals, and how to prepare for potential spread to the UK

### **Applying health promotion knowledge to self-care: healthy eating and weight management for nurses**

**Nursing Standard, 2<sup>nd</sup> September 2024**

This article discusses health in the workplace and some of the evidence on overweight and obesity among nurses, including how this may influence their health promotion practice.

### **Legal aspects of dying and the community nurse**

**British Journal of Community Nursing Vol. 29, No. 9 pp. 423-424**

In this month's Policy column, **Iwan Dowie** explores the legality behind caring for those approaching end of life.



**The Art of Speaking Up: Supporting a Culture of Safety in the OR**  
**AORN Journal (2018- ), 2024-09-01, Volume 120, Issue 3, Pages 134-142**

There is a dearth of formal education programs on the art of communication, speaking up for safety, and conflict management skills. <sup>9</sup> The purpose of this article is to highlight the roles of the direct-care perioperative team members in communicating and speaking up for safety and the responsibility of perioperative leaders in facilitating a psychologically safe work culture.

**Community nursing and the digital technology revolution: the past, present and future**  
**British Journal of Community Nursing Vol. 29, No. 9 pp. 447-450**

Francesca Ramadan elaborates on the past and present applications of digital technology in community nursing and delves into the principles that should shape the future potential of tools such as artificial intelligence, automation technologies and clinical decision support systems.

**Move over, micromanagement: what good nurse leadership looks like**  
**Nursing Standard. 39, 9, 47-49. 4<sup>th</sup> September 2024**

Transformational leadership and why teams are most effective if they have a shared vision and everyone feels valued and able to challenge. Leadership is a core part of being a nurse, whatever role you hold.

**Medicine management: delegation, support and supervision**  
**British Journal of Healthcare Assistants Vol. 18, No. 9 pp. 336-342**

This article explores the ways in which healthcare assistants (HCAs) and assistant practitioners (APs) must delegate, support and supervise the process of administering medicines.

**The care certificate 4: equality and diversity**  
**British Journal of Healthcare Assistants Vol. 18, No. 9 pp. 355-360**

This article provides an overview of what healthcare assistants need to understand about equality and diversity, the fourth standard of the care certificate.

**Patients who decline blood component transfusion: a narrative review of alternative management strategies**

**Nursing Standard, 16<sup>th</sup> September 2024**


This article details a narrative review that was undertaken to identify what alternative patient management strategies can be used when allogeneic blood transfusion is not feasible, and to explore how these strategies can benefit individuals who decline transfusion and the broader patient population.

**[The Nursing and Midwifery Council Independent Culture Review](#)**  
**NMC, July 2024**

## **Royal Marsden Manual**

If you'd like to know more about the Royal Marsden Manual (RMM) online and how to use it join one of the free 30 minute webinars held by Wiley trainers. Please find below the session dates and times.

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  - The webinar offers a Q&A session for help with any questions and provides attendees with a certificate of completion.
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  - Thursday 18 July 11:30am
  - Tuesday 24 September 11:30am
  - Thursday 14 November 11:30am.

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### **Online resources**

**BMJ Best Practice** is available to all NHS staff. This clinical decision support tool provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions.

<https://bestpractice.bmj.com/oafed>

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<https://www.clinicalkey.com/>

### **The Royal Marsden Manual Online**

The [Royal Marsden Manual Online](#) is available to all NHS Staff with an NHS Open Athens account. If you do not have a NHS OpenAthens account then you can self-register for one

at: <https://openathens.nice.org.uk/>

