



Nursing & Midwifery Bulletin

April 2023

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Nursing

[The registered nursing associate: an overview](#)

This article, the first in a series, provides an overview of the registered nursing associate role.

British Journal of Nursing Mar 2023 Vol. 32, No. 6 pp. 292-296

[Promoting health through nurse-led healthy conversations](#)

This article explains the principles and potential benefits of healthy conversations, and emphasises the importance of training to promote nurses' knowledge, skills, confidence and motivation to engage in such conversations.

Nursing Standard, 13th March 2023

[Chronic kidney disease: understanding its association with other long-term conditions](#)

Chronic kidney disease (CKD) is a common long-term condition and is associated with increased mortality and a reduction in healthy years of life. Early identification and appropriate treatment of CKD can reduce these risks.

Nursing Standard, 23rd March 2023

[Using reflection in nursing practice to enhance patient care](#)

This article outlines the various types of reflection that nurses can use, such as reflection-in-action and reflection-on-action. It also details some of the main models of reflection and explains how nurses might develop their skills in reflection to enhance the quality of patient care. The article provides examples of cases and reflective activities to demonstrate how nurses can use reflection in their practice.

Nursing Standard, 3rd April 2023

[The support and flexibility staff need at this life stage](#)

NHS England guidance says greater flexibility for staff who are struggling with menopause symptoms is a win-win, as it will enable nurses to carry on working

Nursing Standard. 5th April 38, 4, pp. 37-38

[Gastroenterology: your quick guide](#)

We ask expert nurses what students need to know about caring for patients with digestive conditions and the red flags to look for

Nursing Standard. 5th April 38, 4, 73-74.



[Step-by-step guide to issues around DNACPR](#)

A Q&A with experts from the Resuscitation Council UK, to help you navigate the complex decision-making associated with DNACPR recommendations, capacity and advance decisions to refuse treatment

Nursing Standard. 5th April 38, 4, pp. 8-9.

Midwifery

[Editorial: Intercultural communication and midwifery care](#)

African Journal of Midwifery and Women's Health January 2023 Vol. 17, No. 1 pp.1-1

[Implementation of Uterine Artery Doppler Scanning: Improving the Care of Women and Babies High Risk for Fetal Growth Restriction](#)

*This study was aimed at determining the prevalence of FGR and assess pregnancy outcomes following the implementation of UtAD at the United Lincolnshire Hospitals NHS Trust (ULHT). Methods. **One-year retrospective cohort study (1st September 2020-31st August 2021) was conducted across both ULHT hospitals in the UK (Lincoln County Hospital in Lincoln and Pilgrim Hospital in Boston).***

Journal of Pregnancy, New York Vol. 2023, (2023).

[Clinical guidelines for the management of weight during pregnancy: a qualitative evidence synthesis of practice recommendations across NHS Trusts in England](#)

Women who enter pregnancy with a Body Mass Index above 30 kg/m² face an increased risk of complications during pregnancy and birth. National and local practice recommendations in the UK exist to guide healthcare professionals in supporting women to manage their weight.

BMC Pregnancy and Childbirth London Vol. 23, (2023): pp.1-11.

[Midwifery and Nursing: Considerations on Cord Management at Birth](#)

Mounting evidence overwhelmingly supports the practice of the return of an infant's placental blood volume at the time of birth. Waiting just a few minutes before clamping the umbilical cord can provide health benefits to infants of all gestational ages...

Seminars in Perinatology, Article 151738, Copyright © 2023 **Pre-Proof**

[Time of birth: chance or science?](#)


The purpose of this article is to explore evidence surrounding additional factors that affect timing and onset of birth, and to compare these to midwives' anecdotal beliefs regarding time of birth, as well as reflecting on my own experiences in practice.

Practising Midwife, Dec 2022; 25(11): pp.26-30

[In the spotlight the academic PMA... supporting the future midwifery workforce](#)

It is vital that leaders in maternity care focus on education and continuous professional growth, ensuring that midwives have the correct skill set and confidence to provide quality care.

Practising Midwife, February 2023



[Choosing Midwifery – The perceptions and experiences of Black, Asian and Minority Ethnic applicants to midwifery programmes: A mixed methods study](#)

The aim of this article to explore recruitment to UK midwifery programmes from the perspective of applicants from Black, Asian and Minority Ethnic (BAME) groups and describe the perceptions and experiences of the application process for these applicants and those from white backgrounds

Nurse Education in Practice 69 (2023) 103626

The Royal Marsden Manual Online

The [Royal Marsden Manual Online](#) is available to all NHS Staff with an NHS Open Athens account. If you do not have a NHS OpenAthens account then you can self-register for one at: <https://openathens.nice.org.uk/>

Library services

<https://www.nhslincslibrary.uk/>

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<https://www.nhslincslibrary.uk/page/training/>

Online resources

BMJ Best Practice is available to all NHS staff. This clinical decision support tool provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions.

<https://bestpractice.bmj.com/oafed>

ClinicalKey is a database which supports healthcare professionals by providing access to the latest evidence across specialties.

<https://www.clinicalkey.com/>