



Nursing & Midwifery Bulletin August 2022

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Nursing

Falls 1: the scale and the importance of the problem

This article is the first in a series and aims to provide an overview of falls in the community and hospital setting, as well as the importance of holistic care. The series aims to educate readers on why older people are at risk of falling and what can be done to reduce the risk factors and enable people to remain healthy and well.

British Journal of Healthcare Assistants 16, No. 7 pp. 334-338

How to prevent deterioration before a NEWS2 score is triggered

This article reminds nurses of the synonymous relationship between the NEWS2 chart and the airway, breathing, circulation, disability, exposure (ABCDE) approach to assessing and treating patients who are acutely unwell, illustrating how both can work together to enable early recognition in a patient who is suspected of deteriorating, despite a low-risk aggregate score. The article uses a fictitious clinical scenario to demonstrate this approach to assessment.

Nursing Times, 118 (7) pp. 26-31

Reflective practice 3: making it meaningful and using it in practice.

This third, and final, article in the series suggests reflection needs to be made more accessible and be more highly valued than at present, so it is no longer vulnerable to workload pressures

Nursing Times, 118 (7) pp. 49-51

Long Covid 2: supporting the mental and physical needs of patients

Long Covid affects patients physically and mentally, requiring an integrated approach to care. This second article in the series looks at how to support patients' holistic needs

Nursing Times, 118 (7) pp. 41-44

Creating an interprofessional education package on patients' spiritual needs

This package was developed and shared with my team but may be of value to other healthcare chaplains or spiritual care educators to introduce spiritual care to NMAHP students on clinical placement. It will also be a useful resource for nurses, midwives and allied health professionals to expand their understanding of the role.

British Journal of Nursing 31, No. 14 pp. 748-755



[How to interpret arterial blood gas results](#)

Arterial blood gas analysis is designed to measure the levels of oxygen and carbon dioxide in the blood, as well as the acid-base (pH) balance. Arterial blood gas analysis can assist healthcare professionals to evaluate respiration, circulation and metabolic processes in deteriorating patients. Arterial blood gas analysis is usually undertaken by a trained healthcare professional where patients are acutely unwell or deteriorating.

Nursing Standard, July 28th 2022

Midwifery

[Addressing perineal health to improve women's wellbeing](#)

Many women are suffering in silence with perineal problems after childbirth. Amy Morton explores women's views about perineal health after childbirth, attempting to demystify and illustrate their experiences.

Practice Management Vol. 32, No. 6 pp. 22-27

[Pregnancy care for women living with inflammatory bowel disease: who, what and when?](#)

Helen Janiszewski and Shellie Radford outline the relationship between inflammatory bowel disease and pregnancy, highlighting that care and information must be personalised

Gastrointestinal Nursing Vol. 20, No. 6 pp. 6-8

[Improving physiological stability of very preterm babies: a preliminary randomised controlled trial](#)

Preterm babies born below 32 weeks gestational age are placed in incubators, and therefore deprived of exposure to maternal heartbeat sounds and breathing rhythms

This article explored the use of a unique soft-robotics device that replicates these via a mattress in the incubator.

British Journal of Midwifery 30, No. 8 pp. 430-436

[Perioperative active warming for preventing neonatal hypothermia: the Neohyp trial](#)

This trial compared the effectiveness of warm intravenous and room temperature fluids among women performing at birth skin-to-skin contact on perioperative neonatal and maternal heat loss.

British Journal of Midwifery 30, No. 8 pp. 437-443

[Birthwrite: Research skills in practice](#)

Kelda Folliard and Ruth Sanders discuss facilitating the conceptual leap for student midwives towards embedding evidence-based practice and research in midwifery.

British Journal of Midwifery 30, No. 8 pp. 426-427

[Review Paper: A meta-ethnography of language challenges in midwifery care](#)

The aim was to synthesize qualitative studies that shed light on immigrant women's own experiences regarding language challenges during pregnancy, birth and the postpartum period in a new country.

European Journal of Midwifery, 05 Jul 2022, 6 :41



Guidance

[NICE publish new pre-eclampsia guidance facilitating better diagnoses](#)

The National Institute for Health and Care Excellence (NICE) have published [new guidance](#) recommending the routine use of placental growth factor (PLGF) based testing to help diagnose pre-eclampsia.

National Health Executive, July 27th 2022

The Royal Marsden Manual Online

The [Royal Marsden Manual Online](#) is available to all NHS Staff with an NHS Open Athens account. If you do not have a NHS OpenAthens account then you can self-register for one at: <https://openathens.nice.org.uk/>

Library services

<https://www.nhslincslibrary.uk/>

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<https://www.nhslincslibrary.uk/page/training/>

Online resources

BMJ Best Practice is available to all NHS staff. This clinical decision support tool provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions.

<https://bestpractice.bmj.com/oafed>

ClinicalKey is a database which supports healthcare professionals by providing access to the latest evidence across specialties.

<https://www.clinicalkey.com/>