



Nursing & Midwifery Bulletin

December 2020



A virtual celebration of an extraordinary year International Year of the Nurse and Midwife 2020 commemorative e-book

This e-book is a celebration of you and everything you do. It's recognition of how diverse and vibrant our professions are and how we as nurse's and midwives touch people's lives.

Nursing

Editorial: Nursing workload in the COVID-19 era

Since the early 1970, tools and procedures for measuring nursing workload in the intensive care unit (ICU), were tested and improved according to clinical, technological and organisational developments and also the evolution of the nursing role (Greaves et al., 2018).

Intensive & Critical Care Nursing; Newcastle Vol. 61, (Dec 2020).

The Mental State Examination

This article aims to increase general knowledge on and awareness of the Mental State Examination (MSE) and provide guidance on how a clinician outside of the specialty of mental health might apply aspects of the MSE in a basic form, as part of a holistic assessment.

BJN, December 2020 29 (22) pp.1328-1332

Stoma care: procedures, appliances and nursing considerations

Nurses who may be involved in the care of patients with a stoma should have an understanding of the reasons for stoma formation, and the types of stoma and appliances available, to enable them educate and support patients, and to allay any concerns.

BJN, December 2020, 29 (22) pp. S14-S19

Achieving and maintaining competency as a nurse independent non-medical prescriber

This article outlines how the competencies of a nurse independent non-medical prescriber are achieved and maintained.

Journal of Prescribing Practice, December 2020 2 (12) pp.2-7



[Pulmonary administration medicines 1: procedure for use of PMD inhalers](#)

This first article in a two-part series provides an introduction to using inhaled therapies and describes the procedure for teaching patients to use pressurised metered-dose inhalers with and without a spacer

Nursing Times, December 18th 2020

Midwifery

[Professional autonomy for midwives in the contemporary UK maternity system: part 1](#)

This is a two-part article. Part one has a strong focus on the historical context of midwifery, government policy and guidelines, risk, litigation and increasing managerialisation to frame the discussion in part two. The second part provides a discussion of autonomy, choice, managerialisation and reflexive practice, to create a conceptual framework utilising the concept New Professional Midwifery.

BJM, December 2020, 28 (12) pp. 850-856

[The NMC Code and its application to the role of the midwife in antenatal care: a student perspective](#)

This article discusses the midwife's duty to reconcile these juxtapositions, fulfilling the needs of their employer whilst upholding the requirements of the professional body.

BJM, December 2020, 28 (12) pp. 844-849

[Pre-pregnancy care in diabetes: A guide for primary care nurses](#)

David Morris looks at how to advise expectant mothers to manage type 2 diabetes
Independent Nurse, December 2020, 12 pp. 20-22

[The public health role of maternity support workers](#)

Midwives and maternity support workers work together to convey public health messages. The positive outcomes of this work include reductions in rates of stillbirth, preterm birth and low-birthweight babies.

British Journal of Healthcare Assistants, December 2020 14 (11) pp. 542-547

[Understanding biomechanics in the birth process.](#)

Molly shares her systematic exploration of the midwifery skills and observations which can resolve long and difficult labours caused by malposition.

Midwifery Matters, Winter 2020; (167): pp.9-10.



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Online resources

BMJ Best Practice is available to all NHS staff. This clinical decision support tool provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions.

<https://bestpractice.bmj.com/oafed>

ClinicalKey is a database which supports healthcare professionals by providing access to the latest evidence across specialties.

<https://www.clinicalkey.com/>