



Nursing & Midwifery Bulletin February 2022

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Nursing

Managing hypertension in older people: A guide for nurses

Linda Nazarko outlines how to diagnose and effectively treat the 'silent killer' in older patients

Independent Nurse No. 1 January 2022

Does quality matter to you? Ward accreditation and improving patient care

Quality, its definition and how we in healthcare measure it compared to patients' perception of their care could be addressed by using the 'What matters to you?' principle (What Matters to You? 2020).

British Journal of Nursing Vol. 31, No. 3 pp. 176-177

Lymphoedema and cancer: an overview

Secondary lymphoedema is a common concern for people with cancer. Trevor Bott, Clinical Trials Database Nurse, Cancer Research UK (Trevor.Bott@cancer.org.uk) discusses the links and its impact on quality of life

British Journal of Nursing Vol. 31, No. 3 pp. 120-122

Acute pancreatitis

Acute pancreatitis is a condition where the pancreas becomes inflamed over a short period of time with involvement of local tissues or more remote organ systems.

British Journal of Healthcare Assistants Vol.16, No. 2 pp. 58-62

Beneficence and non-maleficence: collaborative practice and harm mitigation

This article is the third in a series of three, discussing and applying four ethical principles as identified by Beauchamp and Childress (2019). This final article examines the two interrelated principles of beneficence and non-maleficence.

British Journal of Healthcare Assistants Vol.16, No 2 pp. 70-74



The skin and associated disorders

This article aims to increase knowledge of the skin and associated disorders. Anatomy and physiology of the skin are briefly reviewed, and reference is made to common skin disorders. The main characteristics of a holistic skin assessment are *discussed, and the signs to look for when undertaking an examination. The article concludes with a case study for context and reflection.*

British Journal of Nursing Vol.31 No 4 pp. 202-206

Midwifery

Professional midwifery advocates:delivering restorative clinical supervision

To enhance quality of care for women and their families, the Advocating for Education and Quality Improvement model was developed to improve the wellbeing of those providing care. Professional midwifery advocates provide this service, having undergone training to offer restorative clinical supervision. This article explores how the model has the potential to support midwives with their wellbeing.

Nursing Times [online]; 118: 2, 26-28.

Birthwrite No is a complete sentence

Anna-Marie Madeley discusses exercising the right to decline elements of maternity care and the importance of respecting women who choose to do so

British Journal of Midwifery Vol. 30, No. 2 pp. 66-68

Medical students' experiences working with midwives on NHS labour wards: a qualitative study

This study aimed to investigate the experience of medical students working with midwives on NHS labour wards.

British Journal of Midwifery Vol. 30, No. 2 pp. 91-100

Investigating progressive muscle relaxation and guided imagery in pre-eclampsia treatment

Progressive muscle relaxation with guided imagery may positively reduce clinical symptoms in individuals with pre-eclampsia. However, these relationships require clarification. This study aimed to examine the effects of progressive muscular relaxation and guided imagery on blood pressure and urine protein during conservative treatment for pre-eclampsia.

British Journal of Midwifery Vol. 30, No. 2 pp. 101-109

Five Essential Guiding Lights for Birth: Illuminating the Future of Midwifery

For compassionate, informed, powerful midwifery to continue evolving to its fullest potential in the twenty-first century, we need to expand our scope of guiding practices and principles beyond a single paradigm of any one system. The practices of obstetrics and traditional and evidence-based midwifery all are vitally important in development of an understanding of the nature of birth.

Midwifery Today; Eugene Iss.140,(Winter 2021): pp.18-26.



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<https://bestpractice.bmj.com/oafed>

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<https://www.clinicalkey.com/>