



# Nursing & Midwifery Bulletin

January 2021

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## Nursing

### Best practice skin antisepsis for insertion of peripheral catheters

*This article discusses the importance of effective skin antisepsis prior to the insertion of peripheral intravenous catheters (PIVCs) and how best clinical practice is promoted by application of an appropriate method of skin disinfection integrated effectively with a proprietary aseptic non touch technique, or other standard aseptic technique.*

British Journal of Nursing, 30 (1) pp. 8-14 Jan 2021

### The importance and meaning of prayer rituals at the end of life

*This article explores the meaning of ritual, how rituals are structured and how prayer rituals are used at the end of life from a cross-cultural perspective.*

British Journal of Nursing, 30 (1) pp. 34-39 Jan 2021

### Learning resources launched for nurses new to critical care

*The Royal College of Nursing has launched a package of free learning resources to support nursing staff who are new to critical care.*

Nursing Times, January 11<sup>th</sup> 2021

### An overview of enteral feeding in the community

*The article provides an overview on the management and care of the patient, the basic principles surrounding the equipment used, identifying the wider team and essential communication to bear in mind, as well as the importance of tailoring a care plan to the individual's needs, taking into consideration cognition, mental health, social needs and other factors. The article also covers red flags that may be seen in the community after tube insertion that require immediate medical attention.*

British journal of Community Nursing, 26 (1) pp. 26-29 Jan 2021

### Personal protective equipment: knowledge of the guidance

*This novel study, to our knowledge the first to be described within the literature, served to assess awareness, confidence levels and knowledge of current PPE and AGP guidance among UK nursing staff.*

British Journal of Nursing, 30 (1) pp. 16-22 Jan 2021



## **Midwifery**

### **[Communications toolkit for local maternity teams to improve communications with Black, Asian and minority ethnic women](#)**

*Our Maternity Transformation programme has produced this toolkit to support local maternity systems to enhance communication with diverse groups and communities.*  
NHS England, January 13<sup>th</sup> 2021

### **[Professional autonomy for midwives in the contemporary UK maternity system: part 2](#)**

*In this article, professionalisation, the midwifery profession and professional autonomy are explored from a sociological perspective to answer whether it is possible for a midwife to achieve professional autonomy within the contemporary UK system*

British Journal of Midwifery, 29 (1) pp.19-25 Jan 2021

### **[Teaching Compassionate Mind Training to help midwives cope with traumatic clinical incidents](#)**

*Compassionate Mind Training (CMT) is taught to cultivate compassion and teach midwives how to care for themselves. The need to build midwives' resilience is recognised by the Nursing and Midwifery Council (NMC), who advocate that mental health coping strategies be embedded into the midwifery curriculum*

British Journal of Midwifery, 29 (1) pp. 26-35 Jan 2021

### **[Managing sepsis in pregnancy](#)**

*The physiological changes associated with pregnancy can obscure some of the recognised signs and symptoms of sepsis. Modified early obstetric warning score charts and sepsis screening tools aid the early identification of the septic patient.*  
Obstetrics, Gynaecology and Reproductive Medicine, 31 (1) pp.13-20 Jan 2021

### **[Prevention of preeclampsia](#)**

*This review focuses on the main therapeutic agents evaluated or in use for preeclampsia prevention.*

Seminars in Fetal and Neonatal Medicine, 101123 25 (5) October 2020

### **[COVID-19 and caesareans](#)**

*George F Winter offers insight into the risk associated with carrying out caesarean sections on women who test positive for SARS-CoV-2 compared with those who do not*

BJM, 28 (12) pp. 860-861 December 2020

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## **Online resources**

**BMJ Best Practice** is available to all NHS staff. This clinical decision support tool provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions. <https://bestpractice.bmj.com/oafed>

**ClinicalKey** is a database which supports healthcare professionals by providing access to the latest evidence across specialties. <https://www.clinicalkey.com/>