



Nursing & Midwifery Bulletin

January 2022

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Nursing

Respiratory assessment: undertaking a physical examination of the chest in adults

Nurses undertaking these hands-on components of respiratory assessments need to have adequate knowledge of the procedures involved, as well as practical skills that need to be practised under supervision. This article outlines how to undertake a physical examination of the chest in adults.

Nursing Standard, December 21st 2021

Autonomy and capacity: the ethical and legal considerations

This article discusses the important concept of autonomy and what this means for patients and their families.

British Journal of Healthcare Assistants Vol. 15, No. 11 pp. 545-549

Bipolar disorder—care and management

Bipolar disorder is also known as bipolar affective disorder or manic depressive disorder. This can be a severe, long-term mental illness, often categorised by episodic depressed (hypomania) and elated moods and increased activity (mania). Bipolar disorder is a condition of extremes.

British Journal of Healthcare Assistants Vol. 15, No. 11 pp. 550-555

How to help patients get a better night's sleep in hospital

Sleep is vital for good health and recovery, but wards are often not the most restful places. Getting a good night's sleep in hospital is notoriously difficult.

Nursing Standard. 37, 1, pp. 22-24

Understanding the importance of recognising, treating and preventing stroke

This article details the signs and symptoms, and risk factors for stroke, as well as outlining the treatment options. The author also explains the important role of nurses in stroke prevention and the long-term care of people who have experienced a stroke and their family members.

Nursing Standard, 37, 1 January



Midwifery

Developing a fast-track COVID-19 vaccination clinic for pregnant people

A pilot fast-track COVID-19 vaccination clinic was created in the east of England to provide expert advice, education and support for pregnant people. As the COVID-19 pandemic has progressed, it is clear that pregnant people are at high risk of becoming seriously unwell with the COVID-19 virus.

British Journal of Midwifery Vol. 30, No. 1 pp. 41-46

Prevalence of vaginal candidiasis and associated factors in pregnant women with diabetes

Vaginal candidiasis is commonly experienced by women with diabetes, but its prevalence is not well documented in Zimbabwe. This study aimed to assess the prevalence of vaginal candidiasis and factors associated with diabetic treatment adherence in pregnant women with diabetes.

African Journal of Midwifery and Women's Health Vol. 15, No. 4 pp. 1-9

The perception of episiotomy among Iranian women: a qualitative study

There are very few studies on the perceptions of episiotomy recipients about these services. Therefore, investigating these women's perception is crucial for providing appropriate care.

British Journal of Midwifery Vol. 30, No. 1 pp. 30-40

Cord Management of the Term Newborn

Leaving the umbilical cord intact after birth has ensured our survival for millennia. Early cord clamping (CC) has emerged in modern society as a concern in the past century. Recent research has reestablished the value of delayed CC, which many regard as common sense and most midwives experience in their practice.

Clinics in Perinatology, 48, No. 3, P447-470, August 2021

Management and outcomes of extreme preterm birth

In this update, we focus on high income countries and provide a broad overview of extreme preterm birth epidemiology, recent changes, and best practices in obstetric and neonatal management, including new treatments such as antenatal magnesium sulphate or changes in delivery management such as delayed cord clamping and placental transfusion. We cover short and long term medical, psychological, and experiential consequences for individuals born extremely preterm, their mothers and families, as well as preventive measures that may reduce the incidence of extreme preterm birth.

BMJ, 376, January 10th 2022

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BMJ Best Practice is available to all NHS staff. This clinical decision support tool provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions.
<https://bestpractice.bmj.com/oafed>

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