



Nursing & Midwifery Bulletin

January 2023

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Nursing

ECG: recording the electrical activity of the heart

ECG stands for 'electrocardiogram', which records the electrical activity of the heart from different angles (where the electrodes are placed on different parts of a patient's limbs and chest) to identify and locate any heart-related issues at the moment of the recording.

British Journal of Healthcare Assistants Vol16, Issue 12 pp. 548-554

Iron deficiency: the most common cause of anaemia

Iron-deficiency anaemia is a reduction in red blood cell production as a result of low iron stores in the body; it is the most common cause of anaemia.

British Journal of Healthcare Assistants Vol.16, No. 12 pp. 584-589

Understanding the importance of kindness in nursing practice

This article outlines how kindness is a vital element of nursing practice, including how kindness is linked to the related concepts of compassion and civility.

Nursing Standard, December 22nd 2022

Meeting the health and social care needs of LGBT+ people

The author discusses some of the issues experienced by LGBT+ people in relation to various physical and mental health conditions and services. The article aims to encourage nurses to consider what steps they can take to improve care.

Nursing Standard, January 2023

Understanding the nurse's role as a professional witness

This article outlines how nurses should respond to requests for written statements and suggests a format for providing such statements. It also explains the typical approach to providing oral evidence in court and how nurses should prepare and present themselves in the witness box.

Nursing Standard, 9th January 2023

Clear, concise and correct: getting patient notes right

Patient records are a vital communication tool that help optimise safety. Find out how to ensure your notes are accurate and support your patients' care.

Nursing Standard, 4th January 2023



What makes it difficult for patients to ask for help in hospital?

A summary of research into patients' experiences of fundamental care delivery in hospital, highlighting the circumstances that can lead to missed care
Nursing Times, 9th January 2023

Midwifery

Charity Spotlight

Support after the death of a baby

The UK charity Sands provides support for those who have experienced a baby's death. Marc Harder and Clare Worgan discuss the National Bereavement Care Pathway, which aims to advise healthcare professionals on providing bereavement care.
British Journal of Midwifery Vol. 31, No. 1 pp.6-7

Assessing women with symptoms of threatened preterm labour: a service proposal

This proposal outlines how an app could be incorporated into the assessment of women presenting with symptoms of threatened preterm labour, to assist with early recognition and optimise neonatal outcomes.
British Journal of Midwifery Vol. 31, No. 1 pp. 44-53

Research: Antibodies in the breastmilk of COVID-19 recovered women

Human milk contains antibodies against Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) which may serve as a protective factor through passive immunization in infants. The objective of this study was to measure the levels of anti-SARS-CoV-2 IgG and IgA in human milk and serum after a SARS-CoV-2 infection.
BMC Pregnancy and Childbirth, 2022 22:635

The big issue

As more women present with complex comorbid health conditions in pregnancy, the need to harness the power of multidisciplinary working has never been greater.
Midwives; London Vol. 25, (Jan 2023): pp.43-47.

Non-invasive sensor methods used in monitoring newborn babies after birth, a clinical perspective

Each year around, globally around 2.5 million newborns die within their first month. The main causes are complications due to prematurity and during delivery. To act in a timely manner and prevent further damage, health professionals should rely on accurate monitoring of the main vital signs heart rate and respiratory rate.
Maternal Health, Neonatology and Perinatology; London Vol. 8, (2022): pp. 1-11.

Barriers and facilitators to infection prevention and control guidelines adherence: an integrative review

This review's aim was to explore barriers and facilitators to midwives' infection prevention and control guideline adherence.
British Journal of Midwifery Volume 31, Issue 1 pp. 32-42



The Royal Marsden Manual Online

The [Royal Marsden Manual Online](https://openathens.nice.org.uk/) is available to all NHS Staff with an NHS Open Athens account. If you do not have a NHS OpenAthens account then you can self-register for one at: <https://openathens.nice.org.uk/>

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<https://www.nhslincslibrary.uk/>

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If you need evidence we can provide training on how to search the healthcare databases and resources. We can also show you how to appraise the information that you find. To book a training sessions please contact clinical.libarian@ulh.nhs.uk. More information can be found at

<https://www.nhslincslibrary.uk/page/training/>

Online resources

BMJ Best Practice is available to all NHS staff. This clinical decision support tool provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions.

<https://bestpractice.bmj.com/oafed>

ClinicalKey is a database which supports healthcare professionals by providing access to the latest evidence across specialties.

<https://www.clinicalkey.com/>