



Nursing & Midwifery Bulletin July 2022

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Nursing

Patient deterioration: Assessing risk and taking action

Advice on the complex mix of clinical skills, knowledge – and gut feeling too – used in decision-making

Nursing Standard.37, 6, pp. 41-44

Long Covid 1: assessing the long-term health effects of Covid-19

In this first in a series of three articles on long Covid, we look at what is known about the condition, its symptoms, causes and prognosis, and the nurse's role, particularly in symptom management.

Nursing Times; 118 (6) pp.18-21

Overactive bladder syndrome: an overview of diagnosis and management

Overactive bladder syndrome is a common, chronic condition that has a significant negative impact on quality of life. This review discusses the symptoms that characterise the condition and summarises the guidance on assessment and treatment that is currently available.

Nursing Times; 118 (6) pp. 34-37

Reflective practice 2: improving nurses' mental health and wellbeing

This article, the second in a series on reflective practice, looks at the main forms of reflection for wellbeing and mental health, and considers recent developments aimed at making it more supportive and accessible.

Nursing Times: 118 (6) pp. 38-40

Gastroenteritis—a common intestinal infection

Gastroenteritis (a common condition) is a temporary disorder that is caused by an enteric (occurring in the intestines) infection with viruses, bacteria or parasites.

British Journal of Healthcare Assistants Vol. 16, No. 6 pp. 266-271

Understanding and managing common drug interactions

The aim of this article is to enable nurses and non-medical prescribers to effectively identify common drug-drug interactions (DDIs) and consider appropriate onward pharmacological management in collaboration with the wider healthcare team.

Nursing Standard, June 29th 2022



Midwifery

Pain management in the first stage of labour using sensory stimulation

Severe pain during the first stage of labour can harm both the mother and fetus. Previous studies have shown that severe pain in childbirth can cause discomfort, stress, risk of depressive disorders, decreased intestinal motility and prolonged labour for the mother. This study aimed to assess the effect of sensory stimulation to reduce pain in the first stage of labour

British Journal of Midwifery 30, No. 7 pp. 396-404

Editorial: Role modelling respectful maternity care to midwifery students

Respectful maternity care is key to high-quality care, a human right that is implemented in communication between healthcare practitioner and patient. It is well-established that this type of care should be given to all women in a way that upholds their self-worth, confidentiality and privacy.

African Journal of Midwifery and Women's Health Vol. 16, No. 2 p.1

Pregnant women and their partners' views and experiences of reduced fetal movements: a narrative literature review

This narrative literature review initially aimed to improve understanding of views and experiences of reduced fetal movements in pregnant women in low-income settings using information synthesised from international studies. However, only a small number of articles from low-resource settings were found.

African Journal of Midwifery and Women's Health Vol. 16, No. 2 pp. 1-14

Eating disorders and pregnancy

Hope Virgo shares her experiences of pregnancy and eating disorders, and gives advice for midwives looking to support those with a diagnosis or history of these disorders

British Journal of Midwifery Vol. 30, No. 7 pp. 416-417

'Sunshine', 'angels' and 'rainbows': language developed by mothers bereaved by perinatal loss

This qualitative study aimed to examine mothers' lived experiences of the holistic journey of perinatal loss and subsequent pregnancy.

British Journal of Midwifery Vol. 30, No. 7 pp.368-374

Royal College of Midwives calls for an end to racism in the NHS

Safe and high-quality maternity care is the right of all women, but for too many this is not the case because of the colour of their skin, says the Royal College of Midwives (RCM).

British Journal of Healthcare Assistants Vol. 16, No. 6 pp.298-300

Summary Report

Re:birth: <https://www.rcm.org.uk/media/6180/rcm-rebirth-report.pdf>

The Royal Marsden Manual Online

The [Royal Marsden Manual Online](https://www.rcm.org.uk/media/6180/rcm-rebirth-report.pdf) is available to all NHS Staff with an NHS Open Athens account. If you do not have a NHS OpenAthens account then you can self-register for one at: <https://openathens.nice.org.uk/>



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<https://www.nhslincslibrary.uk/page/training/>

Online resources

BMJ Best Practice is available to all NHS staff. This clinical decision support tool provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions.

<https://bestpractice.bmj.com/oafed>

ClinicalKey is a database which supports healthcare professionals by providing access to the latest evidence across specialties.

<https://www.clinicalkey.com/>