



# Nursing & Midwifery Bulletin

May 2021

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## Nursing

### Rare health conditions 46: health promotion, prevention, dying and death, neuromyotonia

*This 46th article will explore one of these conditions and also offer a discussion on three topics: health promotion; rare condition prevention; and preparing families for dying, death and bereavement.*

British Journal of Healthcare Assistants, Vol. 15, No. 4 pp. 186-190

### The anatomy and physiology of the gastrointestinal tract

*The anatomy of the gastro-intestinal tract (GIT) is featured in the diagram below, and this article will explain the physiology of digestion, and how healthcare assistants (HCAs) can use this knowledge when assisting patients to eat and drink.*

British Journal of Healthcare Assistants, Vol. 15, No. pp. 164-168

### The respiratory system

*Breathing allows oxygen to be delivered to internal tissues and cells where it is needed, as well as facilitating the removal of carbon dioxide. An overview of the respiratory system and its key functions is provided in this article.*

British Journal of Healthcare Assistants, Vol. 15, No. 4 pp. 174-179

### Blood transfusions: ensuring patient safety

*A blood transfusion is a clinical procedure involving the transfer of whole blood, or one of its components, from a donor to a recipient. It can be life saving for patients.*

British Journal of Nursing, Vol. 30, No. 9 pp. 520-524

### Advanced practice: critical thinking and clinical reasoning

*This article explores some of the key concepts and terminology that have evolved over the last four decades and have led to our modern day understanding of this topic.*

British Journal of Nursing, Vol. 30, No. 9 pp. 526-532



## **Midwifery**

### **Neonatal palliative care**

*This first-of-a-kind project rolls out across the UK, transforming neonatal palliative care and helping thousands of families*

British Journal of Midwifery, Vol. 29, No. 5 p. 298

### **Part 2: COVID-19 and knowledge for midwifery practice—impact and care of the baby**

*This article is the second in a two-part series focusing on important care issues relating to the newborn baby specifically, taken from an integrative review of current literature within the maternal and neonatal field.*

British Journal of Midwifery, Vol. 29, No. 5 pp. 286-293

### **Obesity matters: the skills that strengthen midwifery practice when caring for obese pregnant women**

*Obese pregnant women (BMI>30 kg/m<sup>2</sup>) are at an increased risk of developing complications during pregnancy, labour and birth. Furthermore, their offspring are at risk of short- and long-term health complications. Midwives are ideally situated to inform women about risks and to support them in optimising their health.*

British Journal of Midwifery, Vol. 29, No. 5 pp. 278-285

### **Digital health innovation to support sensitive enquiry about female genital mutilation**

*A Mary Seacole Leadership Award enabled the production of an app, 'Let's talk FGM' (later becoming the web app [letstalkfgm.nhs.uk](http://letstalkfgm.nhs.uk)), to assist health professionals to make sensitive inquiry about female genital mutilation (FGM). This article outlines the rationale for the project and the steps needed for successful app development.*

British Journal of Midwifery, Vol. 29, No. 5 pp. 252-259

### **The clitoris in birth.**

*The author of the article reflects on the role of the clitoris in the fetal ejection reflex.*

Midwifery Matters, Spring 2021; (168): 42-44

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## **Online resources**

**BMJ Best Practice** is available to all NHS staff. This clinical decision support tool provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions. <https://bestpractice.bmj.com/oafed>

**ClinicalKey** is a database which supports healthcare professionals by providing access to the latest evidence across specialties. <https://www.clinicalkey.com/>