



# Nursing & Midwifery Bulletin

November 2020

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### Skin-to-skin contact following caesarean section: a narrative review

*This narrative review predominantly focuses on the available evidence for SSC after CS. It also synthesises the adverse effects of hypothermia in neonates and mothers, and explains the physiology of peripartum thermoregulation, the mechanisms of heat loss and their prevention.*

BJM, 28 (11) pp. 754-760 November 2020

### A service evaluation of a hospital-based specialist postnatal breastfeeding clinic

*Breastfeeding is described as the gold standard of infant feeding and is beneficial to both infant and maternal health, therefore reducing healthcare costs.*

BJM, 28 (11) pp. 762-767 November 2020

### COVID-19: women with diabetes and hypertension during pregnancy

*Midwives should be prepared to create individualised care plans, share data and liaise with other departments, to improve maternal and fetal outcomes for pregnant women with these conditions*

BJM, 28 (11) pp. 800-801 November 2020

### Dismantling Lithotomy Position: Time for a change in practice.

*The article report on the Melina Saebi discusses the clinical, cultural and political implications of the lithotomy position for childbirth. It mentions that the feminist birth activist and social anthropologist Sheila Kitzinger quoted Jamaican midwives saying women have to 'open their backs' in order to give birth.*

Midwifery Matters, Fall 2020, (166): 14-18. (5p). November

### Peripheral intravenous cannulation: reducing pain and local complications

*This article outlines the factors that can cause pain for adult patients requiring a PIVC and recommends that the use of local anaesthetics be more widely considered when inserting a cannula. The identification, prevention and clinical management of commonly occurring painful*



*local complications that can arise post-PIVC insertion are also discussed.*

BJN, 29 (19) pp. S12-S19 April 2020

[Principles of mechanical ventilation for non-critical care nurses](#)

*This article aims to introduce non-critical care nurses to the principles of mechanical ventilation.*

BJN, 29 (19) pp. 470-475 April 2020

[From staff nurse to nurse consultant](#)

*Whether you are a pre-registration student or a senior staff nurse undertaking a postgraduate degree, writing academic essays for a university course is a skill, and like any of the more obvious clinically based nursing skills, it can be broken down into steps and developed with practice.*

BJN, 29 (20) pp.1215 November 2020

[Nurse leadership during a crisis: ideas to support you and your team](#)

*Crisis leadership requires communication, a clear vision and values, and caring relationships. This article suggests ways to achieve this and examines the existing evidence and guidance*  
Nursing Times, 116: (12) pp. 34-37 November 16<sup>th</sup> 2020

[The role of the nurse in the care and management of patients with atopic dermatitis](#)

*The purpose of this paper is to provide an overview of key aspects of specialised dermatology nursing practice in the management of patients with moderate to severe atopic dermatitis.*  
BMC Nursing, January 2020

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<https://www.nhslincslibrary.uk/>

**Online resources**

**BMJ Best Practice** is available to all NHS staff. This clinical decision support tool provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions.

<https://bestpractice.bmj.com/oafed>

**ClinicalKey** is a database which supports healthcare professionals by providing access to the latest evidence across specialties.

<https://www.clinicalkey.com/>

