



Nursing & Midwifery Bulletin

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Nursing

Dressings and dignity in community nursing

This paper explores dignity in a community nursing context by considering how a routine community nursing task-dressing parts of the body-offers an opportunity for dignity to manifest.

British Journal of Community Nursing, 26, 11 pp. 526-531

Assessing the patient's needs and planning effective care

In this article, the author discusses the importance of person-centred care in assessing needs and highlights the need for all nursing interventions to be evidence based. The topics covered include assessing people's needs, care planning, stages of care planning, benefits of care planning, models of care, care pathways, and care clustering in mental health care. The article also highlights the significance of record-keeping.

British Journal of Nursing, 30, 20 pp. 1166-1171

Using simulation exercises to improve student skills and patient safety

Using simulated practice is an opportunity for experiential and immersive learning in a safe and supported environment that replaces real life. This article discusses the use of simulation in nurse education to improve patient safety.

British Journal of Nursing, 30, 20 pp. 1198-1202

Managing anaphylaxis in adults

Anaphylaxis is a severe and potentially life-threatening allergic reaction. The recognition and treatment of anaphylaxis remains complex and an area of continued professional development for health professionals.

British Journal of Nursing, 30, 19 pp. 1118-1122



The immune system

This article considers the immune system. The reader is introduced to the immune system and how the body defends itself against infectious organisms, foreign cells and self-cells that have gone awry (such as, cancer cells). The article focuses on the organs of the immune system, and vaccination is briefly discussed.

British Journal of Healthcare Assistants 15, 10 pp. 492-497

Midwifery

A proposed psychological model for understanding and supporting individuals living with tokophobia

Tokophobia is an overwhelming fear of pregnancy and birth that can lead to severe mental health difficulties in the perinatal period.

The aim of this is to raise awareness of the condition, as well as offer a guide for professionals to support and validate those living with this condition, as well as help them to feel safe and secure with the professional supporting them.

British Journal of Midwifery 29, 11 pp. 609-613

Birth after previous caesarean section

This article discusses some of the clinical evidence and factors to be taken into account when providing support and information for women and birthing people considering their options for birth after caesarean. The article focuses on the currently published guidelines to support practice and guide discussions with women and birthing people. In the article, the terms 'planned vaginal birth' and 'vaginal birth after caesarean' are used interchangeably.

British Journal of Midwifery, 29, 11 pp. 615-619

Hip screening in newborns in the UK: what are the latest guidelines?

The Newborn and Infant Physical Examination screening is a national screening programme which aims to identify infants with congenital abnormalities to minimise the risk of long-term complications.

Guidelines for the hip section of have recently changed. This article reviews these changes, the timings of the follow up and investigations, and the diagnosis and management of developmental dysplasia of the hips.

British Journal of Hospital Medicine, 82,10 pp. 1- 7

Routine antenatal care for women and their babies: summary of NICE Guidance

Health and Care Excellence (NICE) replaces the previous version of the NICE guideline on antenatal care published in 2008. This article summarises recommendations from the guideline.

BMJ, 375 October 29th 2021



[Supermorbid obesity in pregnancy](#)

Objective: The aim was to carry out an audit and service evaluation for women with supermorbid obesity to ensure that adequate planning is in place for intrapartum and post-delivery care, and to review delivery outcomes and complications.

Hong Kong J Gynaecol Obstet Midwifery 2021;21 (1): pp. 17-22

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Online resources

BMJ Best Practice is available to all NHS staff. This clinical decision support tool provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions.

<https://bestpractice.bmj.com/oafed>

ClinicalKey is a database which supports healthcare professionals by providing access to the latest evidence across specialties.

<https://www.clinicalkey.com/>