



Nursing & Midwifery Bulletin

October 2020

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Neonatal sepsis

The most common early signs of sepsis in infants are fever or hypothermia, tachypnoea, lethargy, or new parental reports of poor feeding. Consider sepsis in infants with an apparent change in mental status, tone, or perfusion as well

BMJ, 371, October 2020

Diagnosis of perineal trauma: getting it right first time

This review provides the evidence base for including digital rectal examination during clinical assessment of the perineum following every vaginal delivery for all healthcare professionals involved in the care of women in the immediate postnatal period.

British Journal of Midwifery, 28 (10) October 2020

The Acton Model: support for women with female genital mutilation

To identify the presenting characteristics, needs and clinical management of non-pregnant women with female genital mutilation who attended the Sunflower clinic, a midwife-led specialist service.

British Journal of Midwifery, 28 (10) October 2020

What nurses need to know about mobile radiography

The aim of this article is to raise awareness of this subject at a time when the number of patients requiring mobile radiography has increased globally, due to the outbreak of coronavirus. Critically ill patients with COVID-19 require portable chest X-rays to diagnose complications of the disease, such as pneumonia.

British Journal of Nursing, 29 (18) October 2020

Relief of pain caused by uterine cramping or involution after giving birth

This updated review investigates the effectiveness and safety of drug and non-drug pain relief in women experiencing after-birth pains following vaginal birth. Giving an agent for pain relief was compared to an inactive placebo, to no treatment, or to a different type of agent in randomised controlled trials.

Cochrane Database of Systematic Reviews, October 2020



[Enhancing and advancing spiritual care in nursing and midwifery practice](#)

This article charts the evolution of a European programme of research, spanning a decade, exploring undergraduate nurses' and midwives' perception of spirituality and perceived competence in providing spiritual care.

Nursing Standard, 35, 10, pp. 65-68

Obstetric complications and medical complexities in pregnancy. Part 1

British Journal of Healthcare Assistants, 14 (8) September 2020

Obstetric complications and medical complexities in pregnancy. Part 2

This is the concluding part of a two-part article. The first article was published in BJHCA in September 2020 (Lindsay, 2020).

British Journal of Healthcare Assistants, 14 (9) October 2020



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If you need evidence then we can search the healthcare databases and resources for you.

Training

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Online resources

BMJ Best Practice is available to all NHS staff. This clinical decision support tool provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions.

<https://bestpractice.bmj.com/oafed>

ClinicalKey is a database which supports healthcare professionals by providing access to the latest evidence across specialties.

<https://www.clinicalkey.com/>