



Nursing & Midwifery Bulletin

September 2022

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Nursing

Chronic oedema: assessment, compression and monitoring

Jeanette Muldoon looks at what nurses need to know about this often distressing condition
Independent Nurse Vol. 2022, No. 8 pp.18-21

Advising patients on physical activity and asthma

Heather Henry explains how nurses can provide information on how exercise can affect patients with asthma

Independent Nurse Vol. 2022, No. 8 pp. 14-17

Can restorative clinical supervision positively impact the psychological safety of midwives and nurses?

Restorative clinical supervision (RCS) and the introduction of professional midwife and nurse advocates (PMAs/PNAs) have gained validation and momentum since the process was introduced via the A-Equip (Advocating and Educating for Quality Improvement) model for midwifery supervision and support (NHS England, 2017; 2018).

British Journal of Nursing Vol. 31, No. 15 pp. 818-820

Opioid uses and risks – what students need to know

The medications are useful for managing acute pain but be mindful of risks, including the potential for addiction.

Nursing Standard. 37 9, pp. 71-72

How to cleanse a wound

Wound cleansing is a routine element of wound care. However, unnecessary cleansing, inappropriate techniques and inappropriate use of cleansing solutions can negatively affect patient outcomes. Therefore, it is essential that nurses understand when and how to cleanse a wound, and are able to select the most appropriate solution to use based on a holistic wound assessment

Nursing Standard, September 5th 2022



Midwifery

'GO to Mum': a QI project to keep mothers and babies together

This article presents a quality improvement (QI) project aimed at keeping mothers and babies together after delivery. The effectiveness of QI interventions in reducing the number of short-stay transfers of newborn term babies to the neonatal unit (NNU) due to grunting respirations is reviewed.

Infant 2022 Vol, 18 No.1 pp. 26-30

Mediolateral episiotomies: more astute decisions and fewer acute incisions

When a mediolateral episiotomy is performed at an angle of 60° from the midline, it is associated with the lowest incidence of an obstetric anal sphincter injury. However, it has been reported that doctors and midwives believe a mediolateral episiotomy should be performed at 45° from the midline. The aim of this study was to assess doctors' and midwives' awareness of the optimal technique when performing a mediolateral episiotomy.

British Journal of Midwifery Vol. 30, No. 9 pp. 512-516

A midwifery team's journey implementing and sustaining continuity of care

In this article, a case study is presented of a continuity of carer team set up in London to enhance the quality of midwifery care. Reflections on the associated challenges, learning, recommendations and sustainability are shared to assist others embarking on similar journeys.

British Journal of Midwifery Vol. 30, No. 9 pp.518-525

Lack of policy consideration for breastfeeding co-mothers in maternity services

This article reports on two cases of lesbian non-gestational mothers whose breastfeeding intentions were disrupted by the postnatal ward visitor restrictions imposed by NHS trusts during the COVID-19 lockdowns in the UK.

British Journal of Midwifery Vol. 30, No. 9 pp. 526-530

Research in practice: a core skill

Ruth Sanders and Kelda Folliard discuss teaching research skills to midwifery students through practical techniques

British Journal of Midwifery Vol. 30, No. 9 pp. 486-487

The Royal Marsden Manual Online

The [Royal Marsden Manual Online](https://www.nhslincslibrary.uk/royal-marsden-manual) is available to all NHS Staff with an NHS Open Athens account. If you do not have a NHS OpenAthens account then you can self-register for one at: <https://openathens.nice.org.uk/>

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