



# Nursing Bulletin

January 2024

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## Articles

### Making the most of libraries, part 1: libraries for healthcare assistants and nursing support workers

This first article will explore the range of libraries available and the services they offer for healthcare assistants and nursing staff, both remotely (through the internet) and in the library as a physical place.

**British Journal of Healthcare Assistants Vol. 17, No. 11 pp. 424-425**

### Medicines management for nurses: explaining legal governance

This article examines three important topics for nurses: the classification and prescribing of controlled drugs, including the meaning of medicine classes and schedules; the prescribing of unlicensed medicines, including the difference between unlicensed and off-license medicines; and negligence in prescribing practice.

**Nursing Standard, 8<sup>th</sup> January 2024**

### Undertaking a neurological assessment

This article summarises the pathophysiology of raised intracranial pressure and lists some of the conditions that may contribute to an alteration in a patient's mental status. The article details the use of two commonly used neurological assessment tools and the assessment of a patient's pupil size and response.

**Nursing Standard, 6<sup>th</sup> November 2023**

### De-Escalation: 7 tips for handling conflict situations

Tension involving patients, families and even colleagues can arise in any setting – but there are things you can do to manage it.

Healthcare often involves strong emotions and difficult situations, making staying calm when things are starting to escalate a vital skill for nurses.

**Nursing Standard, 39, 1, pp. 37-39**

### What is ChatGPT and can I use it for an assignment?

Students need to be AI-literate, but must use the technology with caution. Find out how it can help you, and how to stay within the rules for coursework

**Nursing Standard, 39, 1, pp. 51-53**



### Type 1 diabetes: overview, diagnosis and risk factors

This article – one of two on type 1 diabetes – aims to make nurses aware of the clinical features of diabetes. It also explores how type 1 diabetes is diagnosed and outlines the risk factors, and considers some common myths about the condition

**Nursing Times, 120, 1,**

### An overview of iron deficiency anaemia and its management options

This paper considers the common presentation of iron-deficiency anaemia. It discusses the prevalence, aetiology and signs and symptoms, as well as the importance of thorough history-taking. The article also explores investigations and diagnosis, before considering management options in primary care.

**Sue Dean, Advanced Clinical Practitioner, Same Day Emergency Care, Pilgrim Hospital, United Lincolnshire Hospitals NHS Trust, England  
International Journal for Advancing Practice Vol. 1, No. 3 pp. 123-128**

### Understanding the use of oxygen delivery devices

This article discusses the physiology of gaseous exchange and provides an overview of some of the main respiratory conditions that may result in the need for oxygen therapy. The author also describes the oxygen delivery devices commonly used in clinical practice, such as simple facemasks and nasal cannulas, to assist nurses in selecting the most appropriate device.

**Nursing Standard, 20<sup>th</sup> November 2023**

### Band 5 Nurses' Leadership Development as a Current Care Priority in England: A Qualitative Study of Perceptions, Barriers, and Ways Forward

To explore band 5 staff nurses' perceptions of leadership and leadership development and derive insights and recommendations to inform future practice

**Journal of Nursing Management, 2023 pp. 1-12**

### Competency versus proficiency: trying to develop an understanding of these terms in the context of practice learning

The language of nurse education in the UK has shifted from 'competency' to 'proficiency' since 2018. The shift in language as been poorly articulated leaving individual higher education institutions, practice supervisors and assessors to interpret what these terms mean in relation to assessing student nurses.

**British Journal of Nursing Vol. 33, No.1 pp.34-38**

### Evaluating the NMC proficiencies framework: perspectives of students and educators 5 years on

This article reports the results of a pair of service evaluations, which gathered feedback from both pre-registrant students and educators in relation to their direct experiences of the NMC's proficiencies framework. The authors compare the contemporary perspectives collated here against earlier academic appraisals of the guidance framework, in order to outline its past and present reception at the level of delivery.

**British Journal of Nursing Vol. 33, No. 1 pp. 22-26**

## The Royal Marsden Manual Online

The [Royal Marsden Manual Online](https://openathens.nice.org.uk/) is available to all NHS Staff with an NHS Open Athens account. If you do not have a NHS OpenAthens account then you can self-register for one at: <https://openathens.nice.org.uk/>



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### **Online resources**

**BMJ Best Practice** is available to all NHS staff. This clinical decision support tool provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions.  
<https://bestpractice.bmj.com/oafed>

**ClinicalKey** is a database which supports healthcare professionals by providing access to the latest evidence across specialties.  
<https://www.clinicalkey.com/>