



Nursing bulletin

April 2025

The aim of this current awareness bulletin is to provide a digest of recent guidelines, and best practice on Nursing

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Guidelines/Reports

[The impact of staff fatigue on patient safety](#)

The Health Services Safety Investigations Body

This report is intended to help healthcare organisations, healthcare regulators, policymakers, patient safety leads and the public understand the risk that healthcare staff fatigue poses to patient safety and staff safety, and to make improvements in this area. There are barriers to acknowledging the risk posed by staff fatigue. These include historical beliefs and norms around working long and additional hours, pride and 'heroism' of NHS staff.

Published Research

[Cost-effectiveness of eliminating hospital understaffing by nursing staff: a retrospective longitudinal study and economic evaluation](#)

BMJ Quality and Safety, April 2025

Understaffing by nursing staff in hospitals is linked to patients coming to harm and dying unnecessarily. There is a vicious cycle whereby poor work conditions, including understaffing, can lead to nursing vacancies, which in turn leads to further understaffing. Is hospital investment in nursing staff, to eliminate understaffing on wards, cost-effective?

Developing nurse leaders through mentorship

Nursing Management, April 2025

This article presents mentoring and leadership strategies that academic and clinical settings can implement to improve the nursing shortage and promote role satisfaction by building future nurse leaders.

Clinical Skills/Knowledge

Developments in the treatment of multiple myeloma: overview and nursing implications

Nursing Standard, April 2025

This article provides an overview of multiple myeloma and its diagnosis, treatment and burden, and describes the role of nurses in assessing patients and managing the consequences of the disease and its treatment.

[Elder Abuse](#)

Royal College of Nursing, April 2025

This blog examines the issue of elder abuse, a hidden crisis affecting vulnerable older adults. It highlights the role of nurses in detecting signs of abuse and advocating for the



safety and well-being of older patients, which is crucial in safeguarding their dignity and rights.

'Ensure your practice meets legal, professional and ethical standards'

Nursing Times, April 2025

Omowunmi Apatira explains why it is important for early career nurses to understand their legal responsibilities and accountability while working in community settings.

First time as a ward manager? How to excel in this nursing role

Nursing Standard, April 2025

The nursing role of ward manager requires expertise and experience in leadership, team management and clinical skills. We offer tips for nurses who are new to the role on how to be an effective leader and build a strong team and the importance of mentorship support and maintaining a healthy work-life balance.

Lower urinary tract infection in women: diagnosis, management and prevention

Nursing Standard, April 2025

UTI is a common condition in women, causing symptoms that have a detrimental effect on everyday life and can result in hospitalisation, sepsis and death. The treatment of UTIs accounts for a significant proportion of antibiotic prescribing, which contributes to antimicrobial resistance. This article discusses current evidence-based guidelines on the diagnosis, management and prevention of lower UTI in women with the aim of enhancing nurses' awareness of these guidelines and to inform their practice.

Osteoarthritis: key features and how to support patients with the condition

Nursing Times, April 2025

Osteoarthritis is a common chronic health condition that is characterised by joint pain and restricted movement. The main focus of treatment is on non-pharmacological interventions including education, exercise and weight reduction, if needed. This article explains what osteoarthritis is, how it presents, how it is diagnosed and the role of the nurse in supporting patients to manage their condition.

Patient Education 101

Nephrology Nursing Journal, April 2025

Patient education is a professional responsibility of all registered nurses (RNs); however, many RNs have never been taught how to teach, and specifically, how to teach patients. Teaching is a specialty all its own, and requires knowledge of principles and practices of teaching. This article provides basic information for RNs who are providing patient education, including learning theories and styles, learning environments, teaching strategies, patient assessment, planning, competency, implementation, and evaluation.

Supporting the management of patients with knee pain to alleviate symptoms

Nursing Times, March 2025

Knee pain can significantly reduce individuals' functional capacity and ability to effectively participate in activities of daily living. This can decrease quality of life and the ability to live a full and independent lifestyle. This article seeks to help nurses understand and manage people's knee pain

News/Blogs/Editorials

[Fitness to practise in community nursing](#)

British Journal of Community Nursing, April 2025



The NMC has a responsibility to protect, promote and maintain public health, safety and wellbeing, while ensuring public confidence in nursing. This article analyses a community-oriented fitness to practise case, exploring its progression and considering the impact on the registrant from both practical and psychological perspectives. Additionally, it examines the support systems available to nurses undergoing investigations and the importance of reflective practice in maintaining professional standards.

How nurses are tackling falling vaccination uptake

Nursing Times, April 2025

As vaccine uptake continues to drop in England, Nursing Times has spoken to public health specialists about what nurses can do, and already are doing, to reverse this trend.

Nursing associates should not work in maternity, employers told

Nursing Times, April 2025

Nursing associates should not work in maternity services, according to a new position statement signed by leading nursing and midwifery organisations. The Royal College of Nursing (RCN), the Royal College of Midwives, the Nursing and Midwifery Council and NHS England have this week argued that deploying nursing associates in maternity settings “risks undermining safety”.

Regulation of NHS managers: will it change nurses' working lives?

Nursing Standard, April 2025

Proposed regulation of NHS managers could significantly impact nurses. Experts say it would elevate leadership in the nursing profession and aid career progression. But there are concerns about the potential to scare staff away from manager roles and questions about how this regulation would sit alongside professional standards for already regulated staff, such as registered nurses.

[Shaping the NHS 10-Year Health Plan: Why nursing must be at the heart of the Westminster government's ambitions](#)

Royal College of Nursing, April 2025

With proper investment and empowerment, the nursing profession can be instrumental to delivering the three 'shifts' the government says it's committed to achieving.

[Transforming healthcare through nurse-led innovation](#)

Wolters Kluwer, April 2025

The nursing workforce faces challenges like staff shortages and rising patient acuity, driving the need for innovative care models. Nurse leaders are rethinking roles, responsibilities, and support structures to create sustainable solutions.

[Virtual Nursing: Organizational and Professional Crossroads for the Immediate and Beyond](#)

Nursing Administration Quarterly, April 2025

Virtual nursing has swept the country as an acute care model solution amidst unresolved clinical workforce shortages, increased acuity, and capacity pressures. Questions surrounding virtual nurse roles, standards of practice, competencies, certification, and regulation are escalating and warrant careful discussion. Decisions are needed to move beyond the organizational and professional crossroads we face with virtual nursing.