



# Nutrition and Dietetics bulletin

## May 2025

**The aim of this current awareness bulletin is to provide a digest of recent articles on Nutrition and Dietetics**

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<b>Effects of Celastrol-Enriched Peanuts on Metabolic Health and the Development of Atherosclerosis</b> Jiaxin Shi et al Nutrients 17 (9) 1418
<b>Validation of the Greek Cardiovascular Diet Questionnaire 2 (CDQ-2) and Single-Center Cross-Sectional Insights into the Dietary Habits of Cardiovascular Patients</b> Konstantinos Giakoumidakis et al Nutrients 17 (10) 1649
<b>Lipoprotein(a) and Effects of Diet: Time for Reassessment</b> Byambaa Enkhmaa et al Nutrients 17 (10) 1714
<b>CONUT Score as a Predictor of Mortality Risk in Acute and Chronic Heart Failure: A Meta-Analytic Review</b> Fărcaș Diana Andreea et al Nutrients 17 (10) 1736
COVID-19 / Respiratory
<b>Nutritional and Physical Rehabilitation in Post-Critical Coronavirus Disease 2019 (COVID-19) Ambulatory Patients: The NutriEcoMuscle Study</b> Clara Joaquín et al Nutrients 17 (10) 1722
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**Making Diet Management Easier: The Effects of Nudge-Based Dietary Education and Tableware in Individuals with Both T2DM and Overweight/Obesity: A 2 × 2 Cluster Randomized Controlled Trial**

Tianxue Long et al  
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**Clinical Trial: A Mediterranean Low-FODMAP Diet Alleviates Symptoms of Non-Constipation IBS—Randomized Controlled Study and Volatomics Analysis**

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**Are We Meeting the Needs? A Systematic Review of Nutritional Gaps and Growth Outcomes in Children with Multiple Food Allergies**

Gianluca Di Cesare et al  
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**Gut Microbiota as Targets for Preventing Ovalbumin-Induced Food Allergy**

Xiaolei Shi et al  
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**Multistrain Probiotics Plus Vitamin D Improve Gut Barrier Function and Gut Microbiota Composition in Irritable Bowel Syndrome Without Constipation: Results from a Double-Blind, Randomized, Placebo-Controlled Trial**

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**Assessment of the Diet Quality Index and Its Constituents in Preschool Children Diagnosed with a Food Allergy as Part of the “Living with an Allergy” Project**

Malgorzata Kostecka et al  
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**Managing Food Allergies in Dining Establishments: Challenges and Innovative Solutions**

George N. Konstantinou et al  
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**Unraveling MASLD: The Role of Gut Microbiota, Dietary Modulation, and AI-Driven Lifestyle Interventions**

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**Moderate Wine Consumption and Gastrointestinal Diseases**

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**Personalized Nutrition Strategies for Patients in the Intensive Care Unit: A Narrative Review on the Future of Critical Care Nutrition**

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**Supporting Neurologic Health with Mushroom Nutrition**

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