



# PRIDE+ Staff Network Bulletin

## August 2024 - September 2024

### News

[A staggering 40% of bisexuals don't feel accepted by the LGBTQ+ community](#)

**HER, September 2024**

Our groundbreaking new survey of over 2,000 LGBTQ+ sapphics reveals what many already know: being bisexual comes with its own unique set of struggles, triumphs, and eyebrow-raising moments. Our findings showcase the invisible but very real challenges faced by bisexual sapphics navigating their sexuality in both straight and LGBTQ+ spaces.

[Puberty blockers are safe and effective for transgender youth, new study finds](#)

**GCN, September 2024**

A recent independent study commissioned by the New South Wales (NSW) government has confirmed that puberty blockers, a key component of gender-affirming care for transgender youth, are generally safe, effective, and reversible.

[Trans people in England missing out on vital cancer screening, experts warn](#)

**The Guardian, September 2024**

Thousands of transgender patients in England are missing out on vital cancer screening because of the way their GP records are drawn up, experts have warned.

### Guidelines, Policies and Reports

[Bullying, harassment and discrimination of LGBT people in the workplace](#)

**TUC, August 2024**

This research from the TUC provides a powerful and important insight into the experiences of LGBT+ workers of bullying, harassment and discrimination at work. The polling we have undertaken for this research helps to underline the lack of progress in eradicating the unfair and discriminatory treatment that the LGBT+ community face in workplaces. Over half of respondents told us that they had experienced at least one form of bullying or harassment at work in the last five years.

[LGBTQ+ Older Adult Social Care Assessment \(LOASCA\) project](#)

**Social Care Institute for Excellence**

The LGBTQ+ Older Adult Social Care Assessment (LOASCA) study provided detailed knowledge of how adult social care workers consider sexual orientation and gender identity when assessing older people and how older LGBTQ+ people experience assessments. This page contains some of the findings of the project in the form of an animation, a webcomic, podcasts and conference slides.

### Research briefings



[When the clouds clear: the journeys of school psychologists working with gender diverse young people](#)

**The Mental Elf, September 2024**

New-Brown, Sargeant and Wright (2023) take us on a journey through the tumultuous landscapes navigated by psychologists working with gender diverse children and young people.

## **Published research**

[Improving the integration of care for trans adults: ICTA a mixed-methods study](#)

**Health and Social Care Delivery Research, August 2024**

This research concerns improving the NHS services trans adults need. Not all trans people need to medically transition. However, waits to be seen by Gender Identity Clinics are several years long, and there are problems of co-ordination between different aspects of transition-related care, and between transition-related care and general health care. The research highlights factors that undermine person-centred co-ordinated care and can lead to experiences of harm, including a lack of respectful treatment by GPs and a lack of psychological care and support.

[Non-binary individuals, visibility and legitimacy at work: future crafting inclusive organisations in times of inclusion hysteresis](#)

**The International Journal of Human Resource Management, August 2024**

Non-binary gender identity is central to organisational progress towards and backlash against the inclusion of non-binary individuals. We studied the experiences of 30 non-binary individuals at work. We identified how non-binary individuals' experiences are shaped by their counter-narratives for inclusion and dominant narratives of backlash, fuelled by campaigns of moral panics, phobias, and exclusion. We make a practical contribution to help HR professionals overcome populist narratives and design inclusive organisational practices and routines with non-binary individuals.

[Patient voices and student insights into LGBTQ+ healthcare: a call for equitable healthcare through medical education](#)

**Medical Education Online, September 2024**

LGBTQ+ individuals have health needs specific to their identities. However, they face discrimination in most patient-provider interactions, which often translate into poor healthcare. Evidence suggests doctors are inadequately trained to care for LGBTQ+ patients. Medical students are well-placed as the future workforce to establish affirming behaviours. This study garners LGBTQ+ patients' healthcare experiences and explores whether students have insight into these experiences.

[Safer dementia care spaces: Perspectives from LGBTQ+ people with cognitive impairment and caregivers](#)

**Dementia, September 2024**

The purpose of this study was to deepen our understanding regarding LGBTQ+ people with cognitive impairment and caregivers' experiences with dementia care spaces, and to identify the strategies that they perceive as effective in creating safer and more inclusive spaces.

[Towards inclusive healthcare: evaluating knowledge, confidence and awareness of LGBTQ + health among Internal Medicine Trainees in London](#)

**BMC Medical Education, August 2024**



There is a clear need for education on LGBTQ + health, given the varied levels of knowledge and confidence identified. A significant majority of IMTs in London have never received teaching on LGBTQ + health, although there exists a strong desire for this.

## **Blogs / Commentary / Editorials / Opinion Pieces**

### [Best practice principles for inclusive care of transgender and non-binary patients](#)

#### **The Pharmaceutical Journal**

How pharmacists can best contribute to the care of transgender and non-binary patients, outlining additional considerations to ensure equitable care of this patient group. Transgender and non-binary patients face both interpersonal and systemic barriers to equitable health. Transgender health is not taught in core medical curricula, leaving some healthcare professionals feeling uninformed and limited in their capacity to support patients.

### [How do women with disability and LGBTQIA+ people experience menopause?](#)

#### **The Conversation, September 2024**

Gaps in knowledge of menopause can be significant barriers to diagnosis and treatment. More than 85% of people with distressing menopause symptoms do not receive appropriate care. These barriers can be compounded for people, women and those presumed female at birth who have a disability and/or are LGBTQIA+. Here's what we know so far about how people from diverse groups experience menopause and the health-care gaps they face.

### [New, more dangerous MPOX strain - what can we do?](#)

#### **Queer AF, September 2024**

In this episode of *What The Pox?*, host Martin Joseph explores the resurgence of news about MPOX in 2024 after it is once again declared a global health emergency by the WHO in August 2024. The episode unpacks the spread of the more dangerous Clade 1B virus.

## **Books / Audiobooks**

*A selection of newly published books from the LGBTQ+ community. (Please note these are not held by the Library Service but are available from the usual book retailers).*

#### **Queer as Folklore: The Hidden Queer History of Myths and Monsters by Sacha Coward**

Leaving no headstone unturned, Sacha Coward will take you on a wild ride through the night from ancient Greece to the main stage of RuPaul's Drag Race, visiting cross-dressing pirates, radical fairies and the graves of the 'queerly departed' along the way.

#### **A Dark and Drowning Tide by Allison Saft**

Brimming with slumbering dragons and shape-shifting beasts, *A Dark and Drowning Tide* finds a folklorist on a perilous quest to a magical spring who must join forces with her infuriating but supremely beautiful academic rival.

#### **Friends of Dorothy by Sandi Toksvig**

Heartwarming, engaging and laced with the comedian and QI presenter's trademark wit, *Friends of Dorothy* finds Amber and Stevie looking to start a family in the house of their dreams - whilst also having to contend with the cantankerous former owner living upstairs.



## **Library Services**

Would you like to keep up to date with the latest evidence on topics of your choice? Sign up for a current awareness alert: <https://www.nhslinclslibrary.uk/knowledgeshare-request/>

Can't find the information you need? We can do literature searches for you: <https://www.nhslinclslibrary.uk/search-request/>

We can provide training on how to search healthcare databases and resources as well as showing you how to appraise the information that you find: <https://www.nhslinclslibrary.uk/training/>

## **Online Resources**

**BMJ Best Practice** is a clinical decision support tool that provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions: <https://bestpractice.bmj.com/oafed>

**ClinicalKey** is a database which supports healthcare professionals by providing access to the latest evidence across specialties: <https://www.clinicalkey.com/>