



Physiotherapy bulletin

December 2025

The aim of this current awareness bulletin is to provide a digest of recent articles on Physiotherapy

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Articles

Back, Neck and Shoulder Pain

Visceral manual therapy as an intervention for musculoskeletal disorders: a scoping review

Goldenberg M et al

Journal of Bodywork & Movement Therapies 45 (Dec) 724-731

Association of pain self-efficacy, self-regulation and lifestyle on disability in chronic shoulder pain: a cross-sectional study

Nicolau C et al

Journal of Bodywork & Movement Therapies 45 (Dec) 706-711

Diagnosis and management of shoulder pain by New Zealand physiotherapists: a national survey

Craig B et al

Physiotherapy 129 (2025) 101807

Visceral manual therapy as an intervention for musculoskeletal disorders a scoping review

Goldenberg M et al

Journal of Bodywork & Movement Therapies 45 (Dec) 724-731

From theory to practice: physiotherapists approach to shoulder proprioception

Scaglione G et al

Journal of Bodywork & Movement Therapies 45 (Dec) 826-833



Cancer/Oncology Rehabilitation

Oncological perineal massage in vaginal stenosis and dyspareunia in women with gynecological cancer: a randomized controlled trial

Perez-Garcia R et al

Frontiers in Oncology 15 (2025) oncological perineal massage

Perspective on the integration of physiotherapy in cancer care in KwaZulu-Natal

Joyful S et al

South African Journal of Physiotherapy 81 (1) e1-e7

Effectiveness of exercise and physiotherapy in chemotherapy-induced peripheral neuropathy: a systematic review

Fajardo T et al

Healthcare 13 (22) 2973

Postoperative physiotherapy in enhanced recovery pathways: a general study evidence update, dominated by colorectal studies

Burgess L et al

European Journal of Surgical Oncology 51 (11) 110447

Falls Prevention/Frailty/Older People

There is a Falls and Frailty bulletin – if you would like to receive this let us know and we will add your name to the mailing list.

Multiple Sclerosis / Parkinson's Disease

Effects of upper limb exercise or training on hand dexterity and function in people with Parkinson Disease: a systematic review and meta-analysis

Proud E et al

Archives of Physical Medicine and Rehabilitation 105 (7) 1375-1387

Digital assessment of real-world walking in people with impaired mobility: how many hours and days are needed?

Buekers J et al

International Journal of Behavioral Nutrition and Physical Activity 121 (22) 148

The effect of aquatic therapy on fatigue and balance in people with multiple sclerosis: an assessor-blind randomized controlled trial

Tsatakos G et al



Multiple Sclerosis and Related Disorders 105 (2025) 106836
Effects of progressive resistance training on cardiovascular risk factors people with progressive multiple sclerosis Gravesteign A et al Archives of Physical Medicine and Rehabilitation 106 (11) 1694-1702
Prevalence of disabilities in patients with multiple sclerosis at the neuroimmunology outpatient clinic Carvalho M et al Clinical and Biomedical Research 45 (2025)prevalence
Musculoskeletal/Spinal/Orthopaedics
Determinants of patient compliance with post-operative rehabilitation after lower limb orthopaedic surgery: a prospective study Abraham J et al BMC Musculoskeletal Disorders 26 (1) 1-8
Musculoskeletal digital therapeutics and digital health rehabilitation: a global paradigm shift in orthopedic care Lee Y et al Journal of Clinical Medicine 14 (23) 8467
Effects of structured physical therapy on spinal alignment in idiopathic scoliosis: a 12-month prospective study Osser B et al Diagnostics 17 (21) 2747
Investigating the effectiveness of stretching interventions on post-traumatic elbow stiffness: a systematic review Wistow G et al JSES International 9 (6) 2146-2155
Pelvic/Obstetrics/Gynaecology
Awareness of the role of physiotherapy in treating gynecological and obstetrics issues among gynaecologist: a cross-sectional study Elmahgoub S et al International Journal of Environmental Research and Public Health 22 (11) 1676



Pelvic floor muscle training on cerebral hemodynamics and brain functional connectivity in women with postpartum pelvic floor dysfunction: a randomized controlled trial

Cai S et al

International Journal of Women's Health 17 (1) 4631-4647

Light at the end of the tunnel: design, implementation and outcomes of a pelvic pain management programme

Bentham G et al

Facts, Views & Vision of ObGyn 17 (4) 338-348

Stroke

Physiotherapy management of post-stroke complex regional pain syndrome (CRPS): a case report on the role of mirror therapy

Adeoye S et al

Bulletin of Faculty of Physical Therapy 30 (1) 18

Effects of cardiorespiratory physiotherapy on cardiovascular fitness in patients with stroke: a systematic review and network meta-analysis

Kim S et al

Medicine 104 (46) e45286

The effect of walking training intensity on regaining independent walking for sub-acute stroke patients: a retrospective study

Keith Tin Sing Lau et al

Hong Kong Physiotherapy Journal 43 (02) 83-93