



PRIDE+ Bulletin

April-May 2025

The aim of this current awareness bulletin is to provide a digest of recent guidelines, reports, research and best practice on LGBTQ+ issues

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News

[New report takes an important look at the effects of transphobic online hate on organizations and their employees](#)

Xtra Magazine

A new report from the Open Digital Literacy and Access Network (ODLAN) and Wisdom2Action is providing a closer look at some of the impacts transphobic online hate is having on members of the community, as well strategies to help organizations address and mitigate its effects.

[Suicide and self-harm risk twice as high in LGB+ adults in England and Wales](#)

The Guardian [ONS data can be found [here](#)]

The risk of suicide and self-harm for people who identify as gay or lesbian, bisexual or another sexual orientation (LGB+) is more than twice as high as for their heterosexual peers, according to the Office for National Statistics (ONS). The ONS found that the risk of suicide among people aged 16 and over identifying as LGB+ in England and Wales was about 2.2 times higher, while the risk of intentional self-harm was 2.5 times higher.

[UK joins Hungary and Georgia With the Biggest Drops on Annual LGBTI Rights Ranking](#)

ILGA

The UK has dropped six places in ILGA-Europe's Rainbow Map, as Hungary and Georgia also register steep falls. The data highlights how rollbacks on LGBTI human rights are part of a broader erosion of democratic protections across Europe.

[UK's NHS Reportedly Plans to Test Trans Kids for Autism and ADHD](#)

Them

According to The Telegraph, kids with gender dysphoria will be screened for "neurodevelopmental conditions" before they can access gender-affirming medical care.

[UK Supreme Court Rules That Trans Women Aren't Women under the Equality Act 2010](#)

QueerAF

The legal definition of a woman in the UK now excludes trans people after a Supreme Court ruling defined sex as 'biological sex' - sex assigned at birth. The ruling will have a devastating impact on Trans+ rights in the UK, and has already drastically reduced them.



Trans people now can't make equal pay claims, and can be excluded from all single-sex spaces under any circumstances.

World-first gonorrhoea vaccine launched by NHS England as infections soar

[BBC News](#)

England will be the first country in the world to start vaccinating people against the STI gonorrhoea. The focus will mainly be on gay and bisexual men with a history of multiple sexual partners or an STI.

Guidelines, Policies and Reports

[Barriers to LGBTQ+ career progression in the UK](#)

Pride in Leadership

LGBTQ+ professionals face a range of challenges and barriers in their careers, from lack of representation in leadership to workplace bias and discrimination. Yet, their voices and experiences are not always fully heard or understood. This report aims to change that.

Published research

[Critically appraising the Cass report: methodological flaws and unsupported claims](#)

BMC Medical Research Methodology

We identified a high risk of bias in each of the systematic reviews driven by unexplained protocol deviations, ambiguous eligibility criteria, inadequate study identification, and the failure to integrate consideration of these limitations. We also identified methodological flaws and unsubstantiated claims in the primary research that suggest a double standard in the quality of evidence produced for the Cass report. The report's recommendations, given its methodological flaws and misrepresentation of evidence, warrant critical scrutiny to ensure ethical and effective support for gender-diverse youth.

[Mental health of LGBTQ+ workers: a systematic review](#)

BMC Psychiatry

Members of the LGBTQ+ community have greater risk of mental health disorders compared to the general population, however most evidence is from young people. We sought to systematically review and summarise the evidence for the burden and risk of mental health disorders.

[Understanding the role of gender congruence and affirming care in trans men's body image and quality of life](#)

International Journal of Transgender Health

Trans men face unique challenges related to gender congruence, body satisfaction, and quality of life (QoL). While research highlights the importance of these factors for transgender and gender-diverse individuals, little is known about how they intersect to influence specific QoL domains (e.g. physiological, psychological, social, and environmental) for trans men. Understanding these relationships is critical to developing interventions that support their well-being.

Blogs / Commentary / Editorials / Opinion Pieces

[EHRC Interim Update: What does it mean for workplaces and service providers?](#)

QueerAF

Employers should consider providing facilities in the form of individual lockable rooms which are usable by anyone. This means that trans people will not be segregated into separate facilities. If this is impossible, employers will be required to provide single-sex toilet facilities. Employers should ensure that there are third spaces that trans people can use, so they are not forced to out themselves at work, or use inappropriate facilities which may cause them distress. A failure to do so, or if the third spaces provided are of lesser quality, may amount to indirect discrimination on the basis of gender reassignment.



[LGBTQ+ charities warn of 'genuine crisis' for trans people after UK ruling](#)

The Guardian

Charities say the judgment creates 'a legal framework that simply cannot uphold the dignity' of trans people. Fourteen national LGBTQ+ charities have written to Keir Starmer seeking an urgent meeting to discuss what they describe as "a genuine crisis for the rights, dignity and inclusion of trans people in the UK" after the supreme court's ruling on biological sex.

[LGBTQ+ leadership: why representation matters and how to foster it](#)

Inclusive Employers

UK data shows promising progress with LGBTQ+ leadership representation increasing from 34% to 56% between 2022-2023. However, significant challenges persist, with 47% of LGBTQ+ workers experiencing workplace discrimination or harassment – rising to 55% for trans and non-binary colleagues.

[Pride Season 2025](#)

NHS Employers

Society has come a long way since the Stonewall Riots of 1969, but with the UK slipping down to 22nd place in the Rainbow Europe Map we clearly need to continue to raise awareness, challenge negative attitudes and celebrate inclusiveness.

[Why does closing the inequality gap in LGBTQ+ NHS staff experience remain so hard?](#)

NHS Employers

On International Day Against Homophobia, Biphobia, Intersexism and Transphobia, Dr Layla McCay considers the inequalities of experiences of LGBTQ+ people as reflected in the NHS Staff Survey.

Books / Audiobooks

A selection of newly published books from the LGBTQ+ community. (Please note these are not held by the Library Service but are available from the usual book retailers).

The Bones Beneath My Skin by T J Klune

In the spring of 1995, Nate Cartwright has lost everything: his parents are dead, his older brother wants nothing to do with him, and he's been fired from his job as a journalist in Washington DC. With nothing left to lose, he returns to his family's summer cabin outside the small mountain town of Roseland to try and find some sense of direction. The cabin should be empty. It's not.

It Ain't Over Til the Bisexual Speaks: An Anthology of Bisexual Voices edited by Lois Shearing and Vaneet Mehta

An essay collection exploring the diversity of bisexual identity - as it relates to class, religion, ethnicity, religion, sex and politics - and how it can disrupt and challenge binary and exclusionary ways of thinking. Erudite, provocative, and wide-ranging, this is both a call to action and a middle finger to bi-erasure.

The Safekeep by Yael van der Wouden

An exquisitely atmospheric psychological thriller set in early-60s rural Netherlands, van der Wouden's award-shortlisted debut revolves around the escalating tension between controlling Isabel and her brother's graceless new girlfriend.