



# Race, Ethnicity and Cultural Heritage (REACH) Staff Network Bulletin

## April - May 2023

The aim of this current awareness bulletin is to provide a digest of recent guidelines, reports, research and best practice.

### NHS Workforce Race Equality Standard (WRES) reports and action plans across NHS Lincolnshire

- [Lincolnshire Community Health Services NHS Trust](#)
- [Lincolnshire Partnership NHS Foundation Trust](#)
- [United Lincolnshire Hospitals NHS Trust](#)

For more information on Lincolnshire's population demographics see the latest [Greater Lincolnshire Census 2021 Summaries](#) prepared by the Lincolnshire County Council Public Health Intelligence Team.

### BMJ

[How can we make better use of ethnicity data to improve healthcare services?](#)

**[Opinion]** Information about people's access to, experiences of, and outcomes from healthcare, and how these vary by ethnicity and other characteristics, is evidently vital in helping to ensure quality, identify gaps in provision, and meet the needs of diverse populations.

### British Red Cross

[Offline and isolated: the impact of digital exclusion on access to healthcare for people seeking asylum in England](#)

**[Report]** Using a peer research approach, where refugees who have been through the asylum process interviewed people seeking asylum, the report provides a detailed picture of the barriers to online health care services.

### Chartered Institute of Personnel and Development (CIPD)

[Migrant workers and the skills shortage in the UK](#)

**[Report]** This report sets the current context using official immigration data from the Home Office and Office for National Statistics (ONS) and focuses on employer responses to a series of questions on immigration.



### **The Conversation**

[Endometriosis: black women continue to receive poorer care for the condition](#)

**[Article]** Sufferers of the condition wait between eight to 12 years on average for a diagnosis. Yet for black women, this picture is even worse – with research showing they're 50% less likely to be diagnosed with endometriosis compared to white women.

### **Council of Europe**

[National minorities in the UK](#)

**[Report]** European experts report troubling levels of antigypsyism and the need to further support linguistic minorities. The Advisory Committee has serious concerns about the situation facing Gypsies, Roma and Travellers in the UK.

### **The King's Fund**

[The health of people from ethnic minority groups in England](#)

**[Long read]** This long read examines ethnic differences in health outcomes, highlighting the variation across ethnic groups and health conditions, and considers what's needed to reduce health inequalities.

### **The Mental Elf**

[Exploring coping strategies used by Black adults affected by racism in North America](#)

**[Evidence summary]** Yasmin Ahmadzadeh considers a systematic review of the coping strategies employed by Black adults in North America to navigate experiences of racism.

### **Migrant Voice**

[Destroying hopes, dreams and lives: How the UK visa costs and process impact migrants' lives](#)

**[Report]** The report investigates the struggles people face for the right to live in the UK.

### **New England Journal of Medicine**

[Why Diverse Clinical Trial Participation Matters](#)

**[Opinion]** Marginalized racial and ethnic groups, women, and other historically disenfranchised populations are substantially underrepresented in clinical trials, despite increasing concern about this issue among policymakers, patient advocates, and some industry leaders.

### **NHS Blood and Transplant**

[Campaign for more Black heritage blood donors](#)

**[Campaign]** Black blood donors are needed because of a rise in demand for some rare blood types that are more common in people of Black heritage.



### **NHS Employers**

#### [International Retention toolkit](#)

**[Toolkit]** This toolkit explores actions employers can take to ensure internationally recruited staff build lasting careers in the NHS.

### **Policy Press**

#### [Racism and Ethnic Inequality in a Time of Crisis: Findings from the Evidence for Equality National Survey](#)

**[Open access book]** This book illustrates life through the COVID-19 pandemic for ethnic minorities in Britain. It presents new evidence of ethnic inequalities and underlying racisms, opening them up to debate as crucial social concerns.

### **Royal College of Nursing**

#### [Guide to common English expressions](#)

**[Guidance]** If you were raised and educated in a different country, you may find some common English expressions to be an additional obstacle when assessing a patient's health and wellbeing. This guide provides some common English phrases and their meanings.

### **UK Parliament: Women and Equalities Committee**

#### [Black maternal health](#)

**[Report]** The Women and Equalities Committee has called on the Government to set a definitive target to eliminate "appalling" disparities in maternal deaths. Black women are almost four times more likely to die from childbirth than white women. Significant disparities also exist for women of Asian and mixed ethnicity.

### **World Health Organization**

#### [Refugee and Migrant Health Toolkit](#)

**[Toolkit]** This aims to provide in a single place the key tools and resources to support efforts in strengthening refugee and migrant health care in alignment with the priority actions in the Global Action Plan.

### **Recently published articles**

**Choosing midwifery – the perceptions and experiences of Black, Asian and Minority Ethnic applicants to midwifery programmes: a mixed methods study**

**Nurse Education in Practice, May 2023**

This study aimed to explore recruitment to UK midwifery programmes from the perspective of applicants from Black, Asian and Minority Ethnic (BAME) groups and describe the perceptions and experiences of the application process for these applicants and those from white backgrounds.

**Click here for full access:** [Nurse Education in Practice](#)



**Continuity of care in diverse ethnic groups: a general practice record study in England**

**British Journal of General Practice, April 2023, 73(729), e257-e266**

GPs and patients value continuity of care. Ethnic differences in continuity could contribute to inequalities in experience and outcomes. Ethnic minority identity and socioeconomic deprivation have additive associations with lower continuity of care. Structural factors affecting demand for, and supply of, GPs should be assessed for their contribution to ethnic inequalities in relational continuity and other care quality domains.

**Click here for full access:** [British Journal of General Practice](#)

**Differences in incidence, nature of symptoms, and duration of long COVID among hospitalised migrant and non-migrant patients in the Netherlands: a retrospective cohort study.**

**The Lancet Regional Health – Europe, April 2023**

Comprehensive data on long COVID across ethnic and migrant groups are lacking. There are significant differences in occurrence, nature of symptoms, and duration of long COVID by migration background. Studies assessing the spectrum of functional limitation and access to post-COVID healthcare are needed to help plan for appropriate and accessible healthcare interventions.

**Click here for full access:** [The Lancet Regional Health – Europe](#)

**Performance of ethnic minority versus White doctors in the MRCGP assessment 2016-2021: a cross-sectional study**

**British Journal of General Practice, April 2023, 73(729), e284-e293**

Differential attainment has previously been suggested as being due to subjective bias because of racial discrimination in clinical skills assessments. Ethnic background did not reduce the chance of passing GP licensing tests once sex, place of primary medical qualification, declared disability, and MSRA scores were accounted for.

**Click here for full access:** [British Journal of General Practice](#)

**Where are we after a year? Providing responsive primary care for Ukrainian refugees.**

**British Journal of General Practice, April 2023, 73(730), pp. 220-221**

Despite the initial NHS response, many Ukrainian refugees feel their health has deteriorated since arrival in the UK. Ukrainians are often unsure how and when to access NHS services. Cultural adaptation of information on accessing the NHS, GP consultation approaches, and discussions around mental and social wellbeing would improve relevance and quality.

**Click here for full access:** [British Journal of General Practice](#)



## **Completeness, agreement, and representativeness of ethnicity recording in the United Kingdom's Clinical Practice Research Datalink (CPRD) and linked Hospital Episode Statistics (HES)**

### **Population health metrics, March 2023**

CPRD-HES has suitable representation of all ethnic categories with some overrepresentation of minority ethnic groups and a smaller proportion classified as 'other' compared to the UK general population from other data sources. CPRD-HES data is useful for studying health risks and outcomes in typically underrepresented groups.

Click here for full access: [Population Health Metrics](#)

## **Organisations**

### **Five X More**

<https://www.fivexmore.com/>

Five X More is a grassroots organisation committed to changing Black women and birthing people's maternal health outcomes in the UK. It focuses on empowering Black women and birthing people to make informed choices and advocate for themselves throughout their pregnancies and after childbirth.

## **Library Services**

Would you like to keep up to date with the latest evidence on topics of your choice? Sign up for a current awareness alert: <https://www.nhslinclslibrary.uk/knowledgeshare-request/>

Can't find the information you need? We can do literature searches for you:

<https://www.nhslinclslibrary.uk/search-request/>

We can provide training on how to search healthcare databases and resources as well as showing you how to appraise the information that you find: <https://www.nhslinclslibrary.uk/training/>

## **Online Resources**

**BMJ Best Practice** is a clinical decision support tool that provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions: <https://bestpractice.bmj.com/oafed>

**ClinicalKey** is a database which supports healthcare professionals by providing access to the latest evidence across specialties: <https://www.clinicalkey.com/>