



# Women's Network bulletin

January 2025

**The aim of this current awareness bulletin is to provide a digest of recent guidelines, reports, research and best practice.**

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[www.nhslincslibrary.uk](http://www.nhslincslibrary.uk)

## **NHS Equality and Diversity reports and action plans across NHS Lincolnshire**

[Lincolnshire Community Health Services NHS Trust](#)

[Lincolnshire Partnership NHS Foundation Trust](#)

[United Lincolnshire Teaching Hospitals NHS Trust](#)

For more information on Lincolnshire's population demographics see the latest [Greater Lincolnshire Census 2021 Summaries](#) prepared by the Lincolnshire County Council Public Health Intelligence Team.

## **Endometriosis**

### **NICE**

- [Endometriosis: diagnosis and management](#)  
We reviewed the evidence and made new or updated recommendations on diagnosis. We also updated recommendations on symptoms and signs and information and support without an evidence review.

### **National Institute for Healthcare Research**

Endometriosis, fibroids and heavy periods: [long-term research](#) supports treatment decisions

### **Royal College of Nursing**

- [Clinical Nurse Specialist in Endometriosis](#)  
This updated publication defines the role of the endometriosis clinical nurse specialist (CNS) to enhance career opportunities, inform and enhance local practice, and establish a base line standard across the UK.
- [What is Endometriosis?](#)  
This publication provides nurses with guidance on how to recognise symptoms, sets out pathways of care and signposts to useful online resources.



## Menopause

### NICE

- [Menopause: identification and management](#)

This guideline covers identifying and managing menopause, including in people with premature ovarian insufficiency. It aims to improve the consistency of support and information provided to people experiencing menopause.

### Menopause and people professionals eLearning

This [session from NHS England](#) is aimed at delivering an overview and awareness of menopause for people professionals to help support individuals and line managers in the workplace.

### Cervical Screening for Physically Disabled Women and Autistic Women

This [clinical guidance from the Royal College of Nursing](#) provides resources for registered nurses, midwives and nursing associates who are responsible for providing cervical screening in any setting. The main intention is to encourage and facilitate the uptake of cervical screening for women and those with a cervix who have a physical disability and/or are autistic.

### Domestic violence and abuse

Facts about domestic violence and abuse, how this can affect your staff and what you can do to support them [from NHS Employers](#).

### “Even morphine doesn't help my horrific period pain”

This [BBC News article](#) interviews those struggling with period pain and highlights [new research](#) being conducted by the Health and Care Research Wales Project.

### New training on understanding sexual misconduct in the workplace is now available

A [new e-learning module from NHS England](#) on recognising and responding to sexual misconduct in the workplace is now available for the NHS workforce. Developed by NHS England e-Learning for Healthcare, this programme features sessions on critical topics to support all staff in handling disclosures of sexual misconduct at work.

### Preventing sexual harassment, misogyny, and sexual misconduct in the workplace

[Guidance from NHS Employers](#) on creating safer workplaces, free from sexual harassment, misogyny, and sexual misconduct.

### The gender pay gap

This [briefing paper from the House of Commons Library](#) provides statistics on the size of the gender pay gap in the UK and how it varies by factors such as age, occupation and location.

### Waiting for a way forward: voices of women and health care professionals at the centre of the gynaecology care crisis.

Building on the [RCOG's 2022 report, Left for too long](#), this report seeks to deepen understanding of gynaecology waiting lists in the UK national health services. [It](#)



[asked women and professionals about their experiences and what solutions they believed would help the recovery of gynaecology waiting lists, and improve care for women.](#)

### **Women's reproductive health conditions**

This [report from the House of Commons Women and Equalities Committee](#) finds that women experiencing painful reproductive health conditions such as endometriosis, adenomyosis and heavy menstrual bleeding are frequently finding their symptoms 'normalised' and their 'pain dismissed' when seeking help. It also finds that despite such conditions being highly prevalent in the UK, accessing diagnosis and treatment can take years, leaving women and girls to endure pain and discomfort that interferes with every aspect of their daily lives, including their education, careers, relationships and fertility, while their conditions worsen. Additionally, many are resorting to expensive private health care.